

Am ALONE



Theriam Now

Peace peace



💛 The aloneness is Total and Complete..

💛 Loneliness is always concerned with others;
aloneness is concerned with oneself..

💛
Aloness is the joy of being just yourself.

💜 It is being joyous with yourself,
it is enjoying your own company..

💙 There are very few people who enjoy their own company..

If you cannot enjoy your own company, who else is going to enjoy it??



We are the world
When thousands are celebrating...

Singing and dancing from the
♥ heart... we heal our life...
We plant light not fight



♥ Let there be peace on earth
and let it begin with me..



Be a fool in the Sufi way... in the
Zen sense..



Go on cleaning your mind and
live your innocence..
Your Total Trust..



♥ Use your head and move to the source..
No roots no fruits...



We have to learn how to be at
the source.. then this grace
will decide where your potential
is..



No comparison... comparison

Nobody is higher, nobody is lower...
nobody superior, nobody inferior



Everybody is incomparably unique..

No two moments are the
Same...



You are not a machine.. you are
not a computer... you are
not the car..



You are the driver.. the rider..
The master..



The real man acts spontaneously.. If
you ask him a question, your
question gets a response, not a
reaction...



He opens his heart not his head...

Love is the only way





Intelligence is dangerous...

Intelligence means you will start
thinking on your own; you will start
looking around you and in you... you will
not believe in Scripture; you will
believe only in your experience..



No one has the right to believe...
Everyone has the right to know..



Growth is possible only if there is
imperfection...

Let us rejoice in this imperfection...
this is our message..



Take hold of your own life..
See that the whole existence is
celebrating... no tree is serious.. no bird..
it is a play... a joy...

Listen to the existence and be
part of it...



We are here to shatter all
illusions...

Listen to your heart ... not to your
head....



Courage is a love affair with the
unknown..



Millions of people are suffering; they
want to be loved but they don't
know how to love...



Love cannot exist as a monologue,
it is a dialogue, a very harmonious
dialogue....
me we it ...



We With are one with all what we see
and we do not see...

you are me..

me is we...



We are at-one-ment with The One .. with
the existence ..

If you want to learn anything...
Learn Trust... nothing else is
needed...



There is no need of any competition with
anybody...

U R yourself... U R.. U R perfectly good..

Accept Yourself as you are..



We are all in the Same Ocean...



If you can bring your consciousness,
your awareness, your intelligence to
the act, if you can be spontaneous,



Then there is no need for any
other religion... life itself will be the
religion..



It is a strange thing, that every child is
born with a closed hand, and
every body dies with an open
hand..



I live my life based on 2 principles..

One, I live as if today is my last day on earth...

Two, I live today as if I am going to live forever...



Things are not [♡] The Target, you, your innermost being, is the Target...

Be your being..



find ecstasy within yourself... It is not out there ... It is in your innermost flowering...



The one that you are looking for is you..



Meditation is the only cure for any pain ... every breath is a path... be aware of this now...

Now-here or nowhere



Love what you do... do what you love...

The more creative you become... the more whole and holy you become...





Aloneness, Solitude is positive...



It is overflowing joy for no reason.



It is our very nature to be joyous,
hence there is no need to
depend on anybody else.



Just as the water flows downwards,
your being rises upward...

Just give it a chance...
give it solitude...



If not now when?

If not you and me?
who else??



When you are in a state of no-thought
you are alone, and aloneness is
purity...



In our aloneness happens all that is
worth happening...



Your aloneness is your essential
being..



Meditation is our total freedom, our
Total aloneness...

Total Love...



You can be alone, but that aloneness
may not be True aloneness.

It may be only loneliness...

Aloness... aloneness comes out of
awareness, it has nothing to do with
where you are in the outside
world but where you are...

In the INSIDE world... and
world...



Through aloneness, The ego is
shattered...

It has nothing to relate to, so
it cannot exist..



Then you are just a seed that
has much treasure in it..



One seed Turns the whole earth
green...



Only in aloneness  you can become who
you are... to the oneness... to
The existence...



The first thing we must do is to accept
aloneness
as a basic fact and learn to live
with it...



If you can live this fact, if there is
no fiction between you and this fact, then
The truth will be revealed to
you...



Every fact if looked into deeply,
reveals the Truth..



If you become aware of your
aloneness, then you become
aware of the aloneness
of the others to...



You must make a distinction between
Two words: Lonely and alone..
Those who meditate they know the
difference..



You are present to yourself, you are
not lonely, you are with
yourself....



Alone you grow, and as much as you
want to grow you grow.. no limits..
You are no more a body... but the
existence... the glowing in
growing and in flowing and in
flying...♡



The moment you are no longer dependant
on the other,
language is meaningless, words are
meaningless...



Silence is the language of existence..



This serenity, this silence, this 
aloneness will bring you immense
rewards..



In silence nothing wrong can happen..
The silence of the grace..
not the silence of the grave...



Loneliness is miserable, aloneness is
blissfulness



In loneliness you are off center, in
aloneness you are centered and
rooted



first move from things to thoughts.



Then from thoughts to thinker...

the thinker is the world of the
inner treasure... of the
real religion... the center of
your being...



It is nothing but a witnessing...



The dance not the dancer...



Nobody can enter into your aloneness...
you can be in the crowd and
absolutely alone....



You can be alone in a cave but still in
the crowd... watch your mind...
the ego is very cunning... this is
the challenge...



Only pure aloneness gives you a clean
sanity. You don't need the other.
You are enough unto yourself...



     
Listen to your being...

Be the person you are..
Never try to be another, and you
will become mature..



Risking all to be oneself. That is what
maturity is all about..



Each person comes into this world with
a specific destiny... He has something
to fulfill.... There is a purpose behind
you..



Right now... drop the idea of becoming
Someone,

because you are already a masterpiece..
You cannot be improved... You have only
to come to it, to know it.. to
realize it...



Life begins when fear ends... face
your fear and it is not far...



Walk your talk... Lit your candle...
Show me love...

Just be a simple witness of your
Thought processes..

A Thought is a destiny.. a destiny...
Watch your Thoughts.. They are
your actions..

Falling in love you remain a child,
Rising in love you mature...
By and by love becomes a
State of your being...

You feel good, you feel bad, and these
feelings are bubbling from your own
Unconsciousness, from your own past..
Your own mind...

You are responsible ... it is not impossible..
it is .. I-m-possible..



Whatever you feel, you become. It is
your own responsibility..



Always remember to judge everything by
your own inner feeling of bliss..



Your whole idea about yourself is
borrowed...



borrowed from those who have no idea of
who they are themselves..



Fame is foolish, it is pointless, meaningless.

Even if the whole world knows you,
how does it make you richer?



How does it make your life more
blissful?

How does it help you to be more
understanding... to be more aware? to be
more alert, to be more alive??



Nobody loves me unless I love myself first...

Be aware of who you are...



Rather Than being disturbed by what
others say, you should start looking
inside yourself..



Truth is not to be found outside...
No teacher, no scriptures can give it to
you... Be with yourself...



Go in .. in is our only inn....



Nobody has the power to take two steps
Together; you can take only one
Step at a time...



The real question is not whether life
exists after death...



The real question is whether you are
alive before death...



I have to discover my own being.
You have to discover your own
being...





Love is the goal, Life is the journey



You will find meaning in life only if you create it. It is a poetry to be composed..
It is a song to be sung... It is a dance to be danced...



It is beautiful to be alone, it is beautiful to be in love, to be with people..
And they are complementary, not contradictory...



Love and respect yourself and never compromise for anything..

And then you will be surprised how much growth starts happening of its own accord... as if rocks have been removed and the river has started flowing...



Be or not to be...

Be good... do not do good...

Being is enlightenment... becoming is ignorance.



When I say be creative I don't mean
that you should all go and become
great painters and great poets...

I simply mean let your life be
a painting, let your life be a poem...



Only a blind man can easily define what
light is...



Thought creates boundaries, Thought creates divisions
and Thoughts creates prejudices, Thought itself
cannot bridge them...

That is why all ideologies fail...



Now man must learn to live without ideologies...
In that freedom flowers all that is good
and all that is beautiful...



In the space of no-mind, truth descends
like light...



My love is my state of being..



Yes! I am alone...



Thank you my beloved master... you
are the support of this treasure..



Alone but not Lonely..

It is beautiful to be alone, it is also
beautiful to be with people.. Be aware of
who you are and why you are...

We came alone, we leave alone... and
enjoy the now to the full wow...

Don't try to choose... let thy will be
done with total acceptance...

It is just like when you are hungry
you eat, and when you are full you stop
eating...

The same is true about love and
aloneness... Live your feelings... listen
to your head and feel your heart... Be
authentic... Have your own choice...

Aloneness will give you peace, silence,
meditativeness...

And love will help you to live the
compassion not the emotion..



 It is impossible not to be 
alone in your innermost being... yes!

 It is very dangerous to be alone... The
more alone you are the more you are
in the eternal silence...

Afraid of that, we go on rushing outside
doing this and that, all what we do is dead..

Unless a man is capable of being alone
he/she is not capable of being at all..
We are just the circumference without
any center, a shadow without a soul...

♡

There is a higher kind of blissfulness which
is attained only when we learn how to be
alone...

It arises from your very being. It wells up
in you...

You can be in that bliss forever and ever..
It is life that wells up in you, it is your
very nature... it is self-nature...

♡

The moment you go in, all connections with
the outside world are broken; you are
the world... You are the existence..



 The aloneness is so deep that 
one needs guts...

But out of that aloneness explodes
bliss...

Out of that aloneness... the
experience of God.. Ya Allahooo.. there
is no other way; there has never been
any and there is never going to be..



Celebrate aloneness, celebrate your pure
space, and great song will arise in your
heart.....

And it will be a song of awareness,
it will be a song of meditation...

It will be a song of an alone bird
calling in the distance, not calling to
somebody in particular, but just calling
because the heart is full and wants
to call, because the cloud is full
and wants to rain, because the flower
is full and the petals open and the
fragrance is released...





Let your aloneness
become a dance...



I just called few of us but no
one is ready... no one is home..
but I heard the silence... the
existence... the nothingness... the
aliveness is all over...



Trust the Trust....

We are alone... I am alone but
not lonely... I am walking to be
in a commune.... in a place where
the lovers of life are there...



Aloneness and silence are two faces
of one grace, one experience...



We are born alone, we live alone..

we die alone... all others are
only illusions of being together...



I am alone with my inner
outer treasure...



 All kinds of relationships..
is a relationship...

 friends and enemies are one.

 loves and hates, nations, races,
religions ... all are mafias of
the soul and we are the cause..

we create all kind of lies,
of hallucinations just to avoid
one fact:

That we are alone...

But whatsoever we do, The Truth
is the winner.. no one can change it.
rather than trying to escape from
it, the best way is to live it..
to rejoice in it...

Be alone but not lonely...

Be with the crowd but not part
of them... just be a watcher...

who am I? why I am here?

Be thankful to Judas ... to the bad

and the good... live your balance..

live your choice ...





I live my choice . .

I do my best . . . and God
will do the rest . . .



Let Thy will be done . .



Rejoicing in your own aloneness is
what prayer is, what meditation
is, what love is . . . what compassion
is . . .

The meditator is one who dives
deep into one's aloneness, knowing
that we are born alone, we will
be dying alone, and deep down we
are living alone . . .

So why not experience what alone-
ness is ? It is our very nature,
our very being . . . why not face it ?
why not live it . . . ??

He too I am looking for a
commune and we keep in touch . .
The lovers of life, love, and
laughter . . .



The capacity to be alone is the capacity to love..

It may look paradoxical to you.. but it is not....

It is an existential truth: only those people who are capable of being alone are capable of love, of sharing, of going into the deepest core of another person... without possessing the other, without becoming dependent on the other, without reducing the other to a thing, and without becoming addicted to the other...

They allow the other absolute freedom, because they know that if the other leaves, they will be as happy as they are now...

Their happiness cannot be taken by the other, because it is not given by the other... the other is our mirror...



Be alone ...

Do your best to be in
this bliss...



They will do anything not to be
alone ...



They will go to any rotten movie,
just not to be alone..

They will play any stupid game,
they will watch any idiotic thing:
a football match...

Now, can you think, or can we think..
or can I think of anything more
idiotic?

watch it..

A few idiots kicking a football, beyond
a line to the other side, and a few
other idiots kicking it back...



And millions of idiots watching
this stupid game... what a
waste of life ?!!!



What are we watching??

As if something of immense significance is happening...



No, the psychological reason is that they want somehow to forget themselves, to forget that they are alone...

In the crowd they feel good, healthier, soner, safer, because people just like themselves are all around...

Millions of people are watching this mondiale dead game, it cannot be idiotic...

Even the president of the country is watching ... even his dog ... all are watching ... it cannot be idiotic...

Everybody is supporting everybody else to remain... idiotic insane...



Do not use the sharpness of your
speech on the mother who
taught you how to speak..



A moment of patience in a moment of
anger,

saves a thousand moments of regret.



Take a deep breath and relax



How foolish is man! He ruins the present
while worrying about the future,
but weeps in the future by recalling
his past..



Beautiful people are not always good,
but good people are always
beautiful...



Surely silence can sometimes be the most
eloquent reply



Be with people in such a way
That if you should die, they
should weep for you, and if you
live, they should long for
you.



The wind does not blow to make
Tree dance,
but to Test Their roots..



No roots no fruits...



When proven wrong, The wise man
will correct himself and the
Ignorant will keep
arguing..



Anger begins with madness and ends
with regret.



There is no wealth like knowledge,
no poverty like
Ignorance..





A little That is earned
because of honest labor is better
than a larger amount
gained through dishonest means..



Courtesy costs nothing but buys everything..



Honor your parents and your sons will
honor you...



If you honor yourself... existence will
honor you....



A man is hid under his tongue...



to assist the wrong is to oppress
The right....



As a man's wisdom increases, so his
desire to speak decreases....





He who seeks to do justice
with men, let him desire for them
what he desires
for himself..



Finding faults in others is one's
greatest fault...



Knowledge is the ornament of the
rich,
and the riches of the poor..



Be a knower... This is who
you are...



Truth is bitter but its results is
sweet.

falsehood appear to be sweet but
it is poisonous in its effect..



He who listens to a backbiter loses
a friend..



The vision of the
eye
is limited.....



The vision of the heart
transcends all barriers
of time and space..



It is better to restrain your desires
than to stretch your
hand before others..



Thank you ya Allah... and ya
Imam Ali who shared with
us such seeds.....



We may not have it all together
but together we have
it all...



Many of our problems are just
there because we have never
looked at them..





yes! Laughter is a door to
our inner
Treasure... to our divine
devil..

Devil ↔ Lived....



There was this couple that had been
married for 20 years..

Sooo long years....

Every time they made love, the husband
always insists on shutting off the Light...

Well, after 20 years the wife felt this was so
ridiculous... what is this dead habit.. so one night
while they were in the middle of the job, she
turned on the lights..

She looked down and saw her husband was
holding a battery-operated leisure device.. A
vibrator!! Soft, wonderful, and longer than a real
one..

She went completely crazy... "You impotent
bastard, how could you be lying to me all of
these years? You better explain yourself??!!"

The husband looks her straight in the
eyes and says calmly: "I will explain the Toy..
You explain the kids."





A religious story

A girl asks her boyfriend to come over Friday night and have nighty time with love..



They met at the dinner with the parents.

Since this is such a big event, the girl announces to her boyfriend that, after dinner, she would like to go out and make love for the first time..

Well, the boy is ecstatic, but he has never been with a woman before, so he takes a trip to the pharmacist to get some protection...

The pharmacist helps the boy for about an hour. He tells the boy everything there is to know about condoms and making love...

At the register, the pharmacist asked the boy how many contraceptives he would like to buy, a 3-pack, 10-packs, or a family pack..

The boy insists on the family pack because he thinks he will be rather busy, it's being his first time and all..

That night, the boy shows up at the girl's parents' house and meets his girlfriend at the door. "Oh, I'm so excited for you to meet my parents, come on in!"





The boy goes inside and is Taken to the dinner table where the girl's parents are seated..

The boy quickly offers to say a prayer and bows his head down. 10 minutes pass, and still no movement from The boy. Finally, after 20 minutes with his head down, The girlfriend leans over and whispers to the boyfriend, "I had no idea you were This religious!"

The boy Turns, and whispers back, "I had no idea your father was a pharmacist...." .

♥
A girlfriend at a cocktail party said to Mulla Nasrudine, "I keep hearing you use the word "idiot". I hope you are not referring to me."

"Don't be so angry, as if there were no other idiots in the world." said Mulla.



Yes!! I love
laughter toooo ...
m



Man offers a drink to a woman..

woman: "No Thanks, whiskey is bad
for my legs"



Man: "Legs? That is strange. Do They
hurt or swell?"

woman: "No, They open easily!"
♡

Saturday morning Jon got up early... He dressed
made his lunch, and slipped quietly into the
garage... He hooked the boat up to the van
and proceeded to back out into a torrential
downpour...

The wind was blowing very much, so he
pulled back to the garage, turned on the radio
and heard that the weather would be bad
weather all day..

He went back into the house, quietly
undressed, and slipped back into bed.. He
hugged his wife and whispered "The weather
out is terrible."

His wife replied: "And can you believe my stupid
husband is out fishing in that?"
♡





Farid and Farida took Their
six-year-old son to the doctor..



With some hesitation, They explained
that although their small angel is
in good health, they were concerned
about his small penis...

After examining the child, the doctor
confidently declared, "Just feed him
pancakes... That should solve the problem."

The next morning when the boy
came to breakfast, there was a large
stack of warm pancakes in the middle
of the table..

"Gee, Mom," he shouted.. "for me?"
"Just take two" Mom replied... "The
rest are for your Dad.."



A husband and his wife are trying
to set up a new password for
their computer...

The husband puts, "My penis," and the
wife falls on the ground laughing because
on the screen it says "Error... not long
enough"





After retiring, John went to the social security office to apply for social security..



The woman behind the counter asked him for his driver's license to verify his age...

After checking all his pockets, he realized he had left his wallet at home...

He told the woman that he was very sorry, but would have to go home and come back later with the driver's license.

The woman said...

'Unbutton your shirt'

John was surprised, but opened his shirt revealing his curly silver hair... she said, "That silver hair on your chest is proof enough for me!" and she processed his social security application... 

When John got home, he excitedly told his wife about his experience at the social security office... She said: "You should have dropped your pants. You might have gotten disability too..." 





A young woman on a flight from Ireland asked the Catholic priest beside her; 'father, may I ask you a favour?'



"Of course ... What can I do for you?"



"Well, I bought an expensive woman's electric hair dryer for my Mom's birthday that is unopened and well over the customs limits, and I'm afraid They'll confiscate it, Is there any way you could carry it through customs...under your robes.."



"I would love to help you, dear, but I must warn you: I will not lie."



"With your honest face, father, no one will question you."

When they got to customs, she let the priest go ahead of her...

The official asked...

"father, do you have anything to declare?"



what did the
priest says?.....



'From the top of my head down to my
waist, I have nothing to declare..'

The official thought this answer
is strange, so he asked..

'And what do you have to declare
from your waist to the floor?'

"I have a marvellous instrument
designed to be used on a woman,
but which is, to date, unused."

Roaring with laughter, the official
said...

'Go ahead, father Next!!'



To be happy with a man, you must under-
stand him a lot and love him a little...



To be happy with a woman, you must love
her a lot and not to understand her
at all...





How Moses Got The 10 Commandments Approved...



God went to the [♡] Arabs and said,
"I have a commandments for you
that will make your lives
better."

The Arabs asked... [♡]
What are commandments?

And the Lord said... "They are rules
for living."

"Can you give us an example?"

"Thou shall not kill."

"Not kill? We are not interested!"

So He went to The Blacks and said.. [♡]

"I have commandments.."

The Blacks wanted an example, and
The Lord said...



"Honor Thy father and Thy Mother."
Father? We don't know our fathers
who are ... we are not interested [♡]



Then The Lord went to The politicians and said...



"I have commandments."

The politicians also wanted an example, and The Lord said..



"Thou shall not take bribes or steal..."

Not take bribes or steal?

We are not interested..

Then He went to The french and said,
"I have commandments..."

The french too wanted an example and The Lord said...

"Thou shall not commit adultery"

Oh! Not commit adultery! We are not interested...



Finally, He went to The Jews and said..

"I have commandments"

"Commandments?" They said.. "How much are they?"

"They are free"

Then we will Take Ten..



Old but gold



Who is a gynecologist?



He is the only, on the earth who looks for problems in a place where others find pleasure!!!



What is the difference between riding a bicycle and riding a woman?

To ride a bicycle you position your ass and then move your legs...



To ride a woman you position your legs and then move your ass...



What three things are common between the sun and a woman's underwear?



Both are hot, both look better while going down and both disappear at night..



Why do men ask for a woman's hand in marriage?



Because they are tired of using their own...



What is common between men and video?

Both are backward... forward... backward... backward. stop and eject...



what is the closest



thing similar to a woman's period?



Your salary, it comes once a month lasts about 5-7 days and if it doesn't come you are in a big shift...



Longevity



Married men live longer than single men, but married men are a lot willing to die..



A woman marries a man expecting he will change, but he doesn't..

A man marries a woman expecting that she won't change, but she does..



A woman worries about the future until she gets a husband.. then she worries about the husband..



 Be aware of who you are!!

  A man never worries about the future until he gets a wife..

  A successful man is one who makes more money than his wife can spend

 A successful woman is one who finds such a man

  A woman has the last word in any argument..

Anything a man says after that is the beginning of a new argument..

A man went to bet on horses, but he didn't know much about horses racing. He asked the girl, how to bet.. she said choose a horse number, for example size of your hat... He said 7... and he won!!! second race... she said size of your shoes, he said 9... and he won.. third race, she said the size of your he said.. 20.. and he lost... He said.. shit.. I shouldn't have lied...

Husband and wife



A man and woman had been married for more than 60 years...



They had shared everything...
They had talked about everything...



They had kept no secrets from each other, except that the little old woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask her about...



For all these years, he had never thought about the box, but one day the little old woman got very sick and the doctor said she would not recover...

In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside.

She agreed that it was time that he should know what was in the box..
When he opened it, he found two dolls and a stack of money totaling \$95,000... oh.. what is this?



He asked his wife
about The contents...



"When we were to be married"
She said, 'my grandmother told me the
secret of a happy marriage was to
never argue...



"She Told me That if I ever got
angry with you, I should just keep
quiet and make a doll."

The little old man was so moved,
he had to fight back Tears...

Only Two precious dolls were in the
box ...

She had only been angry with him
Two times in all those years of living
and loving...

He almost burst with joy...



"Honey" he said.. "That explains The
doll, but what about all of this
money? where did it come from?"



'oh" she said.. "That's the money I
made from selling the dolls."





True Sayings About Human Beings..



When he is without money, he
eats food at home...



When he has money, he eats food
in a fine restaurant...



When he is without money, he rides
bicycle to work;

When he has money, he rides bicycle
to exercise...



When he is without money, he walks
to eat food;

When he has money, he walks to
digest food...



When he is without money, he
wishes to get married;

When he has money, he wishes
to get divorced...



what more ???



Just watch what more
and more in all
of us...



When we are ⁱⁿ without money,
we act like a rich man..
When we have money, we act
like a pauper..



He, she, we... say share market
is bad but we keep on speculating
He says money is evil but he
keeps on — craving for it..



He says high positions are lonely
but he keeps on struggling for it...

He says gambling and drinking
is bad but he keeps on indulging
in it....



No way to be healed only if I love
myself... If you love yourself..
You love the world..



Children Are Quick



Teacher: Mary, how do you spell crocodile?

Mary: K-R-O-K-O-D-I-L



Teacher: No, that's wrong..



Mary: Maybe it is wrong, but you asked me how I spell it..



Teacher .. Salim, why do you always get so dirty?



Salim: Well, I'm a lot closer to the ground than you are...



Teacher ... Houda, give me a sentence starting with I ...

Houda ... I is

Teacher ... No, Houda... Always say 'I am'

Houda ... All right... I am the ninth letter of the alphabet...



Teacher ... Harold, what do you call a person who keeps on talking when people are no more interested?

Harold: A Teacher..



Teacher: Mohammad, what is the
chemical formula for water?

Mohammad: H I J K L M N O

Teacher: what are you talking
about?

Mohammad: Yesterday you said it is
H to O.

Teacher: Salwa, name one important
thing we have today that we did
not have ten years ago..

Salwa: Me!!

Teacher... why are you late?

Student... class started before I got here..

Teacher... Zaynab, why are you doing
your math multiplication on the floor?

Zaynab... You told me to do it without
using tables

20 funny Definitions



Cigarette: A pinch of Tobacco Rolled in paper with fire at one end and a fool at the other...



Marriage: It is an agreement where The man loses his bachelor degree and a woman gains her master



Lecture: An art of Transmitting information from the notes of the lecturer to the notes of students without passing through the minds of either.



Conference: The confusion of one man multiplied by the number present...



Compromise: The art of dividing a cake in such a way that everybody believes he got the biggest piece...



Tears: The hydraulic force by which masculine will power is defeated by feminine water-power..



Conference Room: A place where everybody Talks, nobody listens, and everybody disagrees later on...



Ecstasy: A feeling when you feel you are going to feel a feeling you have never felt before...



Classic: A book which people praise but never read...



Smile: A place on your face that you do curve with your lips and it set a lot of things straight !!



Office: A place where you can relax after dead home life...



Yawn: The only time when some married men ever get to open their mouth..





Experience: The name men give to
their mistakes...



Diplomat: A person who tells you to go
to hell in such a way that
you actually look forward to
the trip..



Optimist: A person who while falling from
Eiffel Tower says in midway..
"See I am not injured yet!!"



Miser: A person who lives poor so that
he can die rich..



Father: A banker provides by nature..



Boss: Someone who is early when you
are late and late when you
are early..



Politician: One who shakes your hand before
election and your confidence
later..



Doctor:



A person who kills your ills
by pills, and kills you by his
bills...



Did you ever wonder?
why?



There is no egg in eggplant...



There is no apple or pine in
pineapple...



English muffins were not invented
in England

French fries were not invented in
France..

Sweetmeats are candies and not meat.

Sweet breads are meats, but are not sweet.

boxing rings are square





A guinea pig is not from
Guinea and is not a pig..



A wise man and a wise guy are
opposit..



The human race is not a race
at all ..

We park on driveways and we
drive on parkways..



If you eat good no doctor is needed



If you eat bad no doctor can
cure you ...



Be your own healer and your own
doctor...



Your body is a mystery ... no one loves
you like your body..



Smart Fart



Ali and Habib are beggars...

They beg in different areas in Lebanon...



Habib begs just as long as Ali does.. but only collects 2 to 3 dollars a day..

Ali brings home a suitcase full of 100 notes, drives a Mercedes, lives in a big house and has a lot of money to spend..

Habib says to Ali...

I work just as long and hard as you do but how is it that you bring home so much money every day?

Ali says, "Look at your sign, what does it say?"

Habib's sign reads.. "I have no work, a wife and 6 kids to support."

Ali says... "No wonder why you only get 2-3 dollars.."



Habib says.. "So what does your sign say?"

Ali shows Habib his sign.. It reads "I only need another 10 dollar to move back to surya..."



The Mexican Maid..



The Mexican maid asked for a pay increase...



The wife was very upset... so she decided to talk to her about the raise...

She asked...

"Now Maria, why do you want a pay increase?"

Maria.. "Well, sinora, There are Three reasons why I wanna my increase..

The first is that I iron better than you..

wife: 'who said you iron better than me?'

Maria.. 'or huzban he say so'

wife.. "Oh yeah?"

Maria: The second reason eez that I am a better cook than you.. "..."



wife: "Nonsense, who said you were a better cook than me?"

Maria: "for husband did"

wife increasingly agitated...

"Oh he did, did he?"

Maria: yes he did, and the third reason is that I am better at sex than you in the bed."

wife: "really", boiling now through gritted teeth asks...
"And did my husband say that as well?"

Maria: "No señora ... the gardener did..."

wife: "ok... ok... how much do you want?"

♡
Truth is the only winner...
be aware of it...



Smart Student..



Students in an advanced Biology class were Taking Their mid-Term exam..

The last question was;

"Name seven advantages of mother's milk..."

The question was worth 70 points or none at all..

One student, in particular, was hard to think of seven advantages however, he wrote:

- 1- It is perfect formula for the child.
- 2- It provides immunity against several diseases..
- 3- It is always the right temperature..
- 4- It is inexpensive..
- 5- It bonds the child to mother, and vice versa..
- 6- It is always available as needed..

And then the student was stuck..



Finally, in depression, just before the bell rang what did he do???



He wrote



7. It comes in Two very attractive containers and it's high enough off the ground where the cat can't get it...



He got an A...



Fred came to visit his friend John who is 89 years old..

He noticed that John is sitting on the porch wearing only a shirt, nothing on the waist down..

"John, what are you doing? Your private parts are out in the wind for everyone to see!"

The old man slowly looked at him and said...



"Well, last week I sat out here with no shirt on and I got a stiff neck..



This is my wife's idea"



Four worms and a Lesson to be learned..



A minister decided that a visual demonstration would add emphasis to his Sunday sermon

Four worms were placed into four separate jars...

The first worm was put into a container of alcohol...

The second worm was put into a container of cigarette smoke..

The third worm was put into a container of chocolate syrup

The fourth worm was put into a container of good clean soil..

At the conclusion of the sermon, the minister reported the following results...

The first worm in alcohol....Dead
The second worm in cigarette...Dead





The third worm in
chocolate syrup Dead..



The fourth worm in good clean
soil..... Alive..

So the minister asked the congrega-
tion, "What did you learn from
this demonstration?"

Mary was sitting in the back, quickly
raised her hand and said...

"If you drink, smoke and eat
chocolate, you won't have worms!"
That pretty much ended the service...



Man is very tiny if you look at his body,
man is very foolish if you look at his mind,
and man is very vast if you look at his
consciousness...



That is what you become aware of
when you meditate... you become beyond
boundaries....





Yes! Let us be!!



When awareness joins with your ears
Then listening happens..



When awareness joins with your eyes
Then seeing happens..



When awareness joins with your hands
Then touching happens..



We are a cosmic energy... a living
power of love...



Let us plant our plan.. let us live our
love... let us forgive the past and
live this now... this moment.. with the
only ONE... the only oneness... the only
existence...





Mental Hospital

Tom and Jerry were both patients in a mental hospital...



One day while they were walking past the hospital swimming pool, Tom suddenly jumped into the deep end... He sank to the bottom of the pool and stayed there...

Jerry promptly jumped in to save him. He swam to the bottom and pulled him out...

When the doctor saw the heroic act of Jerry, he immediately ordered him to be discharged from the hospital... he saw him as mentally healthy...

When Jerry went to meet the doctor... what did he saw?

The doctor told him, you are mentally healthy and you saved Tom and the bad news is that Tom hung himself... soon after you saved him... I am so sorry, but he is dead...

Jerry replied: "He did not hang himself... I put him in the bathroom with a rope to dry. Can I go home now??"



?





A little boy was waiting for his mother to come out of the grocery store...



As he waited, he was approached by a man who asked...

"Son, Can you tell me where the post office is?"

The little boy replied... "Sure!!!" Just turn and go straight down this street a couple blocks and Turn to your right."

The man thanked the boy kindly and said, "I'm the new pastor in Town. I'd like for you to come to church on Sunday.. I'll show you how to get to Heaven."



The little boy replied with a chuckle...

"You are bullshitting me, right? You don't even know the way to the Post office... And you know the way to heaven???"



The Hotel Bill



An older lady decided to give herself a big treat for her 70th birthday by staying overnight in a really nice hotel..



When she checked out the next morning, the desk clerk handed her a bill for \$300.00..



She demanded to know why the charge was so high..

"I agree it is a nice hotel, but the rooms are not worth \$300 dollars for just an overnight stay... I did not even have breakfast."

The clerk told her that \$300 is the standard rate, and breakfast had been included had she wanted it..



She insisted on speaking to the manager. The manager came and said.. "This hotel has the best pool and a huge conference room..."





"But I did not use them" she said..

"Well, they are here, and you could have.."



And he went on to explain that she could also have seen one of the in-hotel shows for which they were famous..



"But I did not go to any of those shows" she said..

After several minutes discussion, she decided to pay a check only 50 dollars...



"That is correct I charged you 250 dollars for sleeping with me..." she said ...

"But I did not" said the very surprised manager..



"Well, too bad, I was here, and you could have.."



Don't mess with senior citizens
mainly the women..




Beloved pen and paper...

Because I am alone... I am with all
of us sharing our words and our silence
with our existence.....

yes! you are so right light..

A single moment..

A single now is enough!!!

It is not a question of being with a
master for a long time... but how deep
you have loved The master, not how long
I lived with you... .

How intensely, how much in depth
and in death and merge in the ocean...

This oneness is the aloneness..

I am alone but not lonely...

Out of my weakness I need a soul
friend... a commune... but it will be when

Let thy will be done..

It is in our depth of our feeling... A single
moment of awareness, of heart wakefulness,
a single moment of silence.. and the oneness is in
nowness..."



   Yes my Beloved...

 The Transmission is beyond all Scriptures...

 Yes... you are so right... to whom I am saying this? Be conscious!! The truth came to the chosen few and cannot be said.. no language for it.. we can only indicate, we can only make a few gestures...

Fingers pointing to the moon...

We cannot argue for it..

You cannot persuade, you cannot convince anybody..

It is not their experience..

So don't be angry if they don't listen to you..

If they go against you, don't feel that they are ungrateful...

They are simply behaving the way they can behave....

You... me... we... have to be very patient with us... with them... we have to accept all kinds of abuse that they will throw on you.. We have to accept their stones as flowers..

Even if they kill you, you have to die  loving  them..





Love is the only way...

Compassion is the only way...

Forgive and forget ... It is meant to be...

It is the will of God...

That is how Jesus died ... with a prayer
on his lips to God

"Forgive them, for they know not
what they are doing."

That is how every knower left his body...

That is how we are watching every pain,
every war, every killing and all is done by
the will of Allah...

Are we aware of this bliss?

Are we witnessing this lesson?

What I am doing now? what I am
being? who is writing? for whom? am I
grateful?? No pain no gain.. no death no
life... untilt we die we are not alive..

live this now ... nowhere or nowhere...

All what I need is in me.. is in not out..
go in ... just a moment of silence ... a moment
of meditation and this key will open the
The divine door...



Thank you for every word..



for every wound... for every
sword... for every silence and for
every seed...



Don't lower your expectations to meet
your performance..

Raise your level of performance to meet
your expectations



A man who views the world the same
at fifty as he did at Twenty has
wasted thirty years of his life....
of my life..



Stuck in a different problems? And in a
difficult problems?



Now is your chance to shine..
pick yourself up, get to work and get
triumphantly through it...



It is the repetition of affirmations that leads
to belief.. And once that belief becomes a deep
conviction, things begin to happen...





Expect The best of yourself, and then do what is necessary to make it a reality...



Every day you spend drifting away from your goals is a waste not only of that day, but also of the additional day it takes to regain lost ground..



He who is not courageous enough to take risks will accomplish nothing in life..



Excellence is not a skill.. It is an attitude.



The extent and complexity of the problem does not matter, it is the will that solves it..
When there is a will there is a way..



Make it a habit to tell people thank you..



Express your love, sincerely and without any expectation of anything in return..

Expectation is frustration..



  yes!

 Truly appreciate those around you,
 the good and the bad, and you'll soon
find many others around you and this is
our lesson.. and you have
more of this grace..



A zen monk was asked:
what were you used to do before you
became enlightened?

He said: I used to chop wood and carry
water from the well...

And then he was asked: What do you do
now you have become enlightened?

He said: I chop wood and carry water from
the well...

The questioner was puzzled... He said.. what is
the difference?

The master said... The difference is in me... not
in my acts... I have changed and all my acts
too... Now there is only God... nothing else...
God has no other hands than yours to use.

Don't search for God outside, there is
nothing there to search for.. All it takes
is a look inwards... It is in where
everything is...



The whole art of ecstasy, meditation,
Samadhi, is:

How to become one with ^{the} rhythm
of the universe...

When it exhales, you exhale...

When it inhales, you inhale...

You live in it... you are not separate,
we are one with it...

Be aware and be grateful...

The mess to clean after a party is good.
because it means I have been with
my friends...

The taxes I pay because it means
that I am employed...

The clothes that fit a little too snug because
it means I have enough to eat..

A lawn that needs mowing, windows that
need cleaning and gutters that need fixing
because it means I have a home...

All the complaining I hear about
our government because it means we
have freedom of speech..

My huge heating bill because it means
I am warm..

The piles of laundry and ironing because
it means I have clothes to wear..

The alarm that goes off in the early morning hours
because it means that I am alive



Getting too much email bogs me down but
at least I know I have friends who are
Thinking of me...

Even Though I clutch my blanket and grow
when the alarm rings, Thank you God,
That I can hear.. There are many
who are deaf...

Even Though I keep my eyes closed against
the morning light as long as possible, Thank
you God, that I can see.. Many are blind..

Yes! Even though I huddle in my bed
and put off rising, Thank you God, that
I have the strength to rise...

There are many who are bedridden



Even though our breakfast Table never looks
like the pictures in magazines and the
menu is at times unbalanced, Thank you,
God, for the food we have..

There are many who are hungry..



Even though the routine of my job often
is hard, Thank you God, for the opportunity
to work. There are many who have no job.



Even though I grumble and bemoan my
fate from day to day and wish my
circumstances were not so modest, Thank
you, God, for life...



Thank you God for this now ... I am
still breathing ... I am still alive ... I
can do what I love ... I can live and
Leave with laughter too..





Is God great or what?

When God sends you help, don't ask questions.

She hurried to the pharmacy to get medication, got back to the car and found that she had locked her keys inside..

The woman found an old rusty coat hanger left on the ground. She looked at it and said.. "I don't know how to use it."

She bowed her head and asked God to send her some help... within 5 minutes a beat-up old motorcycle pulled up, driven by a bearded man who was wearing an old biker skull rag.. He got off his cycle and asked if he could help.

She said, "yes, my daughter is sick. I've locked my keys in my car. I must get home. Please can you use this hanger to unlock my car?"

He said.. "Sure." He walked over to the car and in less than a minute the car was open.



She hugged the man  and through tears said, "Thank you so much!! you are a very nice man."

The man replied, "Lady, I am not a nice man. I just got out of prison

yesterday. I was in prison for car theft."

The woman hugged the man again sobbing,

"Oh Thank you, God!! You even sent me a professional !!! "



Wife is busy packing her clothes...

Man: And where are you going?

Wife: I am moving to my mother..

Husband also starts packing..

Wife: And where are you going?

Husband: I am also moving to my mother..

Wife: And what about the kids?

Husband: Well, if you are moving to your mother and I am moving to my mother then I guess they must also move to their mother.....



The Truck was stuck under the bridge..

Traffic was stopped and many units were called to pull it out.. But all effort was in vain, the Truck was too solidly jammed under the bridge...

In your mind, what would you say to solve this issue? After a long time of failed attempts a 7 year old kid came and looked past the police men and said:

Why don't you let the air out out times?"
problem solved...



The head mistress of a girl's boarding school was awakened one night by one of her students, she cried by saying "I have just been raped!!"
"Now, be calm... The first thing you must do is to go to the fridge and eat half a lemon."

"Half a lemon?" asked the surprised student.. "Will that keep me from getting pregnant?"

"No" admitted the headmistress, "but it will get rid of that silly smile."



It is ok to let a fool kiss you, but
don't let a kiss fool you...



An old man goes to see the wizard.
He asks him if he can remove a curse
he has been living with for the
last 40 years...

The wizard says, "Maybe, but you will have
to tell me the exact words that were used
to put the curse on you."

The old man says without hesitation,
"I now pronounce you man and wife."



Yes! Marriage is the cause of divorce..



As he lay on his deathbed, the man confided to his
wife, "I cannot die without telling you the truth..
I cheated on you throughout our whole marriage.. All
those nights when I told I was working late, I
was with other women and with many women..

His wife looked at him calmly and said..
"Why do you think I gave you the
poison?"



 A divorced woman, frustrated with married life, ran an ad in the local newspaper that read..

 " Looking for a man who won't beat me, who want run around on me, and who is a fantastic lover. "

 After one week, her doorbell rings. She goes to the door, opens it, and sees no one there....

 She closes the door, and is about to walk away when the bell rings again..

 Opening the door once again, she sees no one there, but happens to look down and notices a man with no arms and no legs sitting on the doorstep..

 "I am here to answer your ad " he says..

The woman does not know quiet what to do, what to say...

So The man continues: " As you can see, I can't beat you, and it will be impossible for me to run around on you..."

"Yes, I can see that," said the woman," but the ad also said I wanted a fantastic lover. "

The man smiles and says..

"I rang the doorbell, didn't I?"



Seventy percent of the whole humanity's income goes into war efforts..

Even the poor countries, where they cannot afford food twice a day for their people, where they are living under the poverty line, still they are wasting seventy percent of their income in creating bombs, in purchasing weapons..

Do you think anything can be more insane than war? why wars? why killing? ...

A middle-aged couple had finally learned how to use the mobile.. So she send a message to her husband..

If you are sleeping, send me your dreams...

If you are laughing, send me your smile..

If you are eating, send me a bite..

If you are drinking, send me a sip..

If you are crying, send me your tears..

I love you..
The husbands, being a no-nonsense sort of guy..texted back.. I am on the Toilet please advise



Where is Dad?

A man and his wife received a letter from their son who want to study overseas.

My beloved parents...

I miss you so much. I don't know when I'm coming home, but it seems not anytime soon. It breaks my heart to think that by the time I get back you will be too old...

So enclosed you will find a bottle of a magic drink I have invented.. It will make you young, so when I return you'll be the same age as I left you...

Note: "please Take only one drop"



So they opened the envelope and in it there is a bottle with a purple color drink..

The husband looks at the wife and says:

"you go first" Typical of men!!

So the wife opens the bottle and takes a drop, then the husband follows..

Indeed they turn 10 years younger..

Years later the son returns home to find her mother young and beautiful...

Where is the Dad??



But his mom is carrying a
baby on her back...



The mother told her son how the
magic drink worked and made her look
young..



The Son is delighted and asks about
his father..



Your father? Hmmm... my child, your Dad
was so jealous that I was young and
beautiful so he drank The whole bottle"

"So where is he?"

"Oh, that's him I have on my back!!!"



This joke is a myth but it has a great
meaning in our mind...



why all these plastic beauty?

what is the goal of a new look?



Why we are not accepting our natural
age? Where is our sage? on which
stage we are? Are we a body? Are we
a being? who are we? Are we
aware of who we are??



Oh my God

Four Catholic men and One Catholic woman
were having coffee..

The first man tells his friend..

"My son is a priest, when he walks into
a room, everyone calls him "father" ..

The second man... "My son is a Bishop. when
he walks into a room people call him...
"Your Grace"

The third man.. "My son is a cardinal.. when he
enters a room everyone says "Your eminence."



The fourth man says...

My son is The pope.. when he walks into
the room people call him...

Your holiness

The catholic woman was sipping her coffee in
silence, the four men asks her "Well....?"
She proudly replies;

I have a daughter, slim, tall, 38D breast, 24"
stomach and 34" hips, blue eyes, tall body,
golden hair... when she walks into a room,
people say.. "Oh My God."



push for a change



Coming from a remote countryside to the city, a boy and his father were visiting a mall...

They were amazed by almost everything they saw, but especially by two shiny silver walls that could move apart and back together again..

The boy asked his father.. "What is this, father?"

The father, never have seen an elevator, said.. "Son, I have never seen anything like this in my life, I don't know what it is."



While the boy and his father were watching wide-eyed, an old lady in a wheel chair rolled up to the moving walls and pressed a button... The walls opened and the lady rolled between them into a small room...



The walls closed and the boy and his father watched small circles of lights with numbers above the walls light up.. Oh.. what is this?! But they continued to watch the circles light up in the reverse direction... what is this??



The walls opened up again
and a beautiful 24-year-old woman
stepped out...

The father said to his son...
"Go get your mother"

A woman was leaving the local coffee shop...
She saw the most unusual funeral... A Long black
hearse was followed by a second long black
hearse about 50 feet behind..

Behind the second hearse was a solitary
woman walking a pit bull dog on a leash..
Behind her were 200 women
walking single file..

The woman was bursting with curiosity...
She respectfully approached the woman walking
with the dog and said...

"I am so sorry for your loss, and I
know now is a bad time to disturb you,
but I have never seen a funeral like this.
whose funeral it is?!!
What can the woman say... but she has
to answer the question.. whose funeral is it?"

♡

   The woman replied..

'Well that first hearse is for my beloved husband. "

 'What happened to him? "

The woman replied, "My dog attacked and killed him."

 She inquired further; 'well, who is the second hearse? "

The woman answered; "My mother-in-law.. She was trying to help my husband when the dog turned on her."

A moment of silence and thinking too.. between the two women..

"Can I borrow the dog? "

"Get in line "



Yes! It is true... you are so right... so many dogs now in every country... almost in every house too... "The dog loves me more than anyone." What is this sign? what is this lesson? why she loves her dog more than her child?



The pharmacy

A nice, calm and respectable lady went into the pharmacy, walked up to the pharmacist; looked straight into his eyes, and said, "I'd like to buy some cyanide."

He said .. "Why in the world do you need cyanide?"

"I need to poison my husband."

The pharmacist's eyes got big and he explained, "I can't give you cyanide to kill your husband, that's against the law!! I will lose my license! They will throw both of us in jail!! All kinds of bad things will happen..."

"Absolutely not!! You cannot have any poison!"

The lady reached into her purse and pulled out a picture of her husband in bed with the pharmacist's wife...

The pharmacist looked at the picture and said... "You did not tell me you had a prescription..."



Who loves her husband?



A group of women were at a seminar on "how to live in a loving relationship with your husband."



The women were asked... How many of you love your husband?"

All the women raised their hands... then they were asked...

"When was the last time you told your husband you loved him?"

Some women said today, a few yesterday, and some could not remember..

The women were then told to take out their cell phones and text their husband:

"I love you, sweetheart."

The women were then told to exchange phones with another person, and to read aloud the text message they received in response..

Here are some of the replies:





who the hell is this?

♥
Eh, mother of my children, are you
sick or what?



Yeah, and I love you too. what's up
with you??



What now? Did you crash the
car again??



♥
I don't understand what you mean?



What the frck did you do now?
?!!?

♥
Don't beat about the bush, just tell me
how much you need?

♥
Am I dreaming?

♥
If you don't tell me who this message is for
I will hurt you...

♥
I thought we agreed you don't drink during the
day...

your mother is coming to stay
with us, isn't she??



I am at work not with my bitch...



Enough is enough !! Stop it...



yes we stop it but who is on the top
of it??

yes! the topless is the best bliss now...

Let us accept this now with a great wow...

All is good... The devil is divine too...



I do share this love all the way...

Tell- A- vision

Y6 your vision is for one year
plant wheat

Y6 your vision is for ten years
plant trees



Y6 your vision is for life time
plant people for peace



The Charitable Husband...

A wife arriving home from a shopping trip was horrified to find her husband in bed with a lovely young woman..

 She screamed at him: "you are a pig!! A pig with no honor! How dare you do this to me!"

 I am your faithful wife!! "
She was about to storm off when her husband stopped her with these words:

"Wait a minute, let me at least explain what happened!"
"Fine!!" cried the angry wife, "but they will be your last words to me!"

"Well, while I was driving along the highway, I saw this young girl here, looking tired and haggard. I felt sorry for her, so I brought her home. So was hungry, so I made her a meal from the roast beef you thought was too fattening..

Her sandals were torn so I gave her a pair of good shoes you had left because they had gone out of style...

She was cold, so I gave her the sweater I got you for your birthday but you did not like it...



you did not like it and you did
not wear it because the colors
don't suit you...

Her slacks were worn out, so I gave
her a pair of yours that you liked
before your sister bought the same
pair..

Then, as she was about to leave the
house, she turned to me and said...

" please, please, is there anything
else your wife does not use anymore?"



So if you love ... you share what
you have ...



Yes! No sin, no guilt, be honest
with yourself and tell the truth...
why lie??



A mistake is a stepping stone ... if we
do not do wrong, we are not right.
right is light



Nice .. Live ... story



A father put his three year old daughter to bed, told her a story and listened to her prayers which she ended by saying:



God bless Mommy, God bless Daddy,
God bless Grandma and goodbye grandpa.



The father asked, "why did you say goodbye grandpa?"



The little girl said, "I don't know daddy, it just seemed like the thing to do."



The next day grandpa died...

The father thought it was a strange coincidence. A few months later the father put the girl to bed and listened to her prayers which went like this:



God bless Mommy, God bless Daddy and good-bye grandma."



The next day the grandmother died.. oh my gosh!!!





The father was afraid, this kid is in contact with the other side...

Several weeks later when the girl was going to bed the dad heard her say: "God bless Mommy and good-bye Daddy"

He went into shock... He could not sleep all night and got up at the dawn to go to his office...

He was nervous as a cat all day, could not eat, watching the clock all day. He figured if he could get by until midnight he would be okay...



He felt safe in the office, so instead of going home at the end of the day he stayed in the office, drinking coffee, looking at his watch, and jumping at every sound. Finally midnight arrived... he breathed a sigh of relief and went home...



when he got home his wife said..
"I have never seen you work so
late, what's the matter?"

He said..." I don't want to talk
about it, I've just spent the
worst day of my life."

She said..." you think you had a
bad day, you will never believe
what happened to me..

this morning the milkman dropped
dead on our problem..sorry
on our porch !! "



who knows the father.??

this is why our father is in
heaven and our mother is the earth..
and our life is only a joke on the
bridge ...

why wars? why killing? why so
much pain?

why not be simple? Live simply so
that everybody can simply live..



 Bailey was in a Terrible car accident,
which fucked his "manhood" and tore it
 from his body...

His doctor assured him that modern medicine
could give him back his manhood, but that he
would have to go privately to have this
done, such an operation was not available
under the National Health...

Although Bailey did not have any private
medical cover, he told the doctor that it
was not going to be a problem..

It was so important, he would pay
for it out of his savings..

"So how much will it cost?" asked Bailey.
\$5000 for a small one, \$7000 for medium
and \$12,000 for large.. "

Bailey said, "Then I'll have the large
one, please..."

But the doctor urged him to talk it over
with his wife before making such an
important decision and left the room to
allow Bailey to call his wife on his mobile.
Let us see what is the answer



Bailey spent 10 minutes talking
his options with Martha and when
the doctor came back into the room,
he found Bailey looking utterly
sad...

"Well, what have the two of you
decided?" asked the doctor..

Bailey answered, "Martha said she'd
rather have a new kitchen."



Every one has a choice ...

What is my choice now?

What are my feelings?

To whom I shall listen?

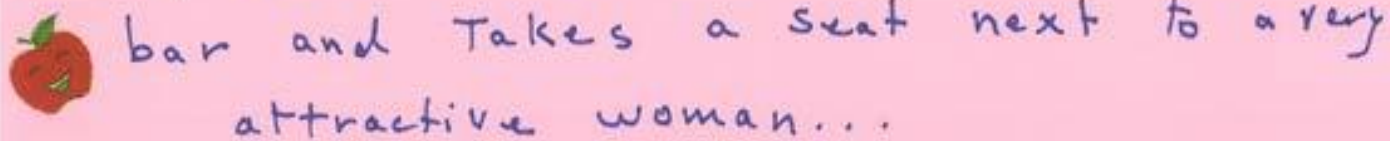
Just few minutes of silence and be in
a meditative state ... no mind ... know
mind ... no meditation .. know meditation...

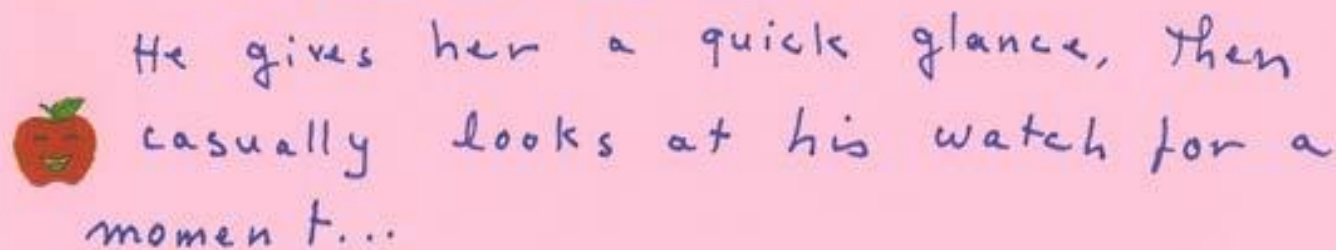
Be a knower ... then you know when
to say yes and when to say no ... And
the yes and the no for your choice..
for your grace ...





An Hour fast

 A rather confident man walks into a bar and takes a seat next to a very attractive woman...

 He gives her a quick glance, then casually looks at his watch for a moment...

The woman notices this and asks..

"Is your date running late?"

"No" he replies, "I just bought this state of the art watch and I was just testing it."

The intrigued woman says "A state-of-the-art watch? What's so special about it?"

"It uses alpha waves to telepathically talk to me" he explains..

"What's it telling you now?"

"Well, it says you are not wearing any panties"

The woman giggles and replies.. "Well it must be broken then because I am wearing panties!" 

The man explains, "Damn Thing must be an hour fast!!" 



A very Smart Boy



A first-grade Teacher Mary Williams, was having trouble with one of her students..



The Teacher asked "Jerry, what is your problem?"



Jerry said, "I am too smart for the first grade.. My sister is in the 3rd grade and I am smarter than her.. I think I should be in the 5th grade



The Teacher took Jerry to the principal's office...

While Jerry waited in the outer office, The Teacher explained to the principal that this was an exceptionally bright kid... The principal told the teacher he would give the boy a test..

If he failed to answer any of his questions he was to go back to the first grade and behave...

She agreed...

Jerry was brought in and the conditions were explained to him and he agreed to take the Test

5





Principal: "What is 3×3 ?"

Jerry: "9"

Principal: "What is 6×6 ?"

Jerry: "36"

And so it went with every question the principal thought a 3rd grader should know..

The principal looks at the teacher and tells her.. "I think Jerry can go to the 3rd grade"



The teacher says to the principal..

"Let me ask him some questions."



The principal and Jerry both agreed..

The teacher asks, "What does a cow have four of that I have only two of?"



Jerry, after a moment: "Legs"

Teacher: "What is in your pants that you have but I don't have?"



The principal wondered why she should ask such a question...

Jerry replied: "pockets.."



Teacher: "What goes in hand and pink then comes out soft and sticky?"

Jerry replied.. "Bubble gum"



Teacher : " what does a man do
standing up, a woman does
sitting down and a dog does on three
legs? "

Jerry : shake hands

The principal was trembling..

Teacher : " what word starts with an 'f' and
ends in 'k'...

That means a lot of heat and excitement."

Jerry : "fire truck."

The principal breathed a sigh of relief and
Told the Teacher,

"put the child Jerry in the 5th-grade, I
got the last one towards my heart
and I got the last 7 questions wrong..."



Kids are smart... listen to them... they
are a being not a body... they have a
message for us...



We are all victims of victims... let us be
a victor... existence is our book and our
school and our mystery...



We are one with everyone...

Do you know Kevin Johnny? 



At work, Tom and Jack were chatting:

Tom: Jack, I've been attending evening classes for 8 months now and I have a test next month.. 

Jack: Oh !!

Tom: for example, do you know who is Thomas Edison?

Jack: No



Tom: He's the inventor of the light bulb; if you take evening classes you would know this..



The next day the same discussion took place.



Tom: Do you know who Gandhi is?

Jack: No



Tom: He's the key architect of Indian Independence, if you take evening courses, you would know this..



The next day, once again they are together



Tom: And do you know who
J. K. Rowling is?

Jack: No

Tom: She is the author of Harry
potter series, if you take evening courses,
you would know this..

This time, Jack got irritated and
said:

And you, do you know who is Kevin
Johnny?

Tom: No...

Jack: He is the guy roaming with
your wife everyday!!!

If you stop evening courses, you
would know...

Moral: There are some things more
important in life than work and
general knowledge...

Do what you love money will
follow ... Just trust the trust...
Look at the farmers ... one seed
is a tree ... one seed turns the
whole earth green..



Be the seed you want to be
in the world...



It was a busy morning, about 8:30,
when an elderly gentleman in his 80's
arrived to have stitches removed
from his thumb.



He said he was in a hurry as he
had an appointment at 9:00 am..

I took his vital signs and had him take
a seat, knowing it would be over an
hour before someone would be able
to see him..



I saw him looking at his watch and
decided, since I was not busy with
another patient, I would value his wound.



On examining, I saw that it was well
healed, so I talked to one of the
doctors, got the needed supplies to
remove his stitches and redress his
wound.. while taking care of his
wound, we chat...





I asked him if he had another doctor's appointment this morning, as he was in such hurry..



The gentleman told me no, that he needed to go to the nursing home to eat breakfast with his wife.. I asked about her health..

He told me that she had been a victim of Alzheimer's Disease...

As we talked, I asked if she would be upset if he was a bit late..

He replied that she no longer knew who he was, that she had not recognized him in five years now.. I was surprised, and asked him..

"And you still go every morning, even though she doesn't know who you are?"

He smiled as he patted my hand and said..
She doesn't know me, but I still know who she is..."





If you can Trust...



If you can, yes you can, Trust is your own Treasure You will be given all what you need..

Whatsoever is needed at a particular time will be given to you, never before it.



You get it only when you need it, and there is not even a single moment's delay..

That is the beauty of Trust..



By and by, you learn the ways of existence, and how existence goes on providing for you, how existence goes on caring about you..



You are not living in an indifferent existence; it does not ignore you. You are unnecessarily worried; All is provided for you, for me we .. for it...



Once we have learnt the knack of Trust, all worry disappears.



I had to hold back Tears as he
left, I had goose bumps on my arm,
and thought that is the kind of
love I want in my life..



Moral: True love is neither physical,
nor romantic...

True love is an acceptance of all
that is, has been, will be, and will not be.



Once in a while there have been people
who have felt harmony with each other,
but that is extremely rare..

Very rare.. accidental and
exceptional..



But as far as the master and disciple
relationship is concerned, it is a basic
necessity; without it, there is no love..
no compassion, no relating...



A mutual oneness with anyone.. anything...
any seen any feeling any now and
any here...



And if we can experience The Truth,
our life becomes Truly a divine gift,
an orchestra..

You can spread it all over The world,
You can feel it with The trees... with
The ant I just saw her now walking
on my hand and on this paper...

It is only a question of knowing The
knack... How not to be as an ego..
Let go and let God...



And whatever you Touch is a treasure..
Is a gold... This grace is in us.. in
our third eye.. which lies exactly in
between The two eyes... Then all is well..
Then the light flows... it is mobile.. when
one fixes The thought on The mid-point
between The Two eyes, The light streams
in of its own accord...

Let us be aware of this awareness..
Let us remember, not concentrating but
just remaining alert.. just a slight
alertness..

Look at the tip of the nose
and remain slightly alert to the
third eye...



In fact, the moment you look at the
Tip of the nose you will become alert
to the third eye, because that is the
other pole of the nose..

One pole, the outer pole, is the
Tip, the end; The other end of the
nose is joined with the third eye..

The moment you become aware of the
Tip you will suddenly become aware of
The other end too...

But just remain aware, effortlessly
aware. You need not be worried. Just open
The window and wait...

Light is such a moving phenomenon
that if the window is open it is going to
move in...

In fact, it has been knocking on the
window for many many lives... but the
window has not opened and it cannot
force it open..





Have you ever thought about why, all over the world, in every culture, in every society, there are a few days in the year for celebration?

These few days for celebration are just a compensation.. why?

Because these few days for celebration are just a touch from the society, from the power people just to control us and our life is dead.. is false..

Every culture has to give some gifts to you so that you don't feel completely lost in misery, in sadness...

But these compensations are false..

God gave us compassion....

These firecrackers outside and these lights outside cannot make us rejoice.. They are only for children; for us, they are only a nuisance... a disease.. a pollution... But in our inner world there can be a continuity of lights, songs, joys.





Always remember that society compensates you when it feels that the repressed may explode into a dangerous situation if it is not compensated...

Society finds some ways of allowing you to let out the repressed...

But this is not true celebration, and it cannot be true..

True celebration should come from my life.. our life, your life..

And true celebration cannot be according to the calendar, that on the first November you celebrate... or you celebrate...

Strange, The whole year we are miserable and on the first of this month suddenly you come out of misery, dancing....

Either, the misery is false, or the date of the day is false; both cannot be true. And once the day has gone, we are back in our dark hole, in our misery, in our anxiety...



Life should be a continual celebration,
a festival of lights the whole year
around ...

only then can we grow up.. can
we blossom...

But we are ignorant ... we are
 victims of victims... wake up now or
never ...



The ignorant man is an ox.

 He grows in size, not in wisdom..



Man is born only as a potential.. If you
 don't develop your potential, if you don't
grow spiritually, you are just like an ox..
The body will go on becoming bigger and
 bigger, but that is not growth ...

growing old is not growing up, growing
physically is not growing spiritually...

 And unless you grow spiritually, you
are wasting a precious opportunity...



Man is the only being on the earth who
can attain to the truth ... We are free
to be it.. to chose it ...



You can become a Christhood... any
lighthood...

Elephants and lions cannot..

Only man can release The fragrance
called God... only Adam and Eve...

Don't waste a single moment in
anything else.. Do the necessary
things, the essential things needed,
put your more and more energy
into watchfulness, awareness.

Wake up! unless you become yourself,
you have not lived at all...

Unless I know myself I am dead... we
are the mystery of Allah... we are the
great poetry of life, the great music of
existence...

Jesus became Christ... Ahmad became
Mohammad and many more... Why not you?
If not we who else? If not now when?

Let us keep walking our talk... Keep
supporting our vision... our celestial
celebration.. our dance.. our grace...
our path of faith...



Yes! follow your faith...

Don't be a follower... be a fellow traveler..

Live your nature

But how to follow your nature if you don't know what it is?

Any one is not allowed to know it !! you are given precise instruction as to what to do, what to eat, when to get up in the morning, when to go to bed, just be a slave, if not followed, you are a criminal... if followed, you become a saint...

So in jail or a saint?
what is your choice?



There is a source of infinite guidance within you, from where God speaks...
God still speaks, He has not stopped speaking..
She has not stopped loving... it has not stopped dancing... Am I ready to listen to God??
God is speaking to us as much as he was speaking to Mohammad...

The only difference is, Mohammad was ready to listen and I am not ready.. Mohammad was available I am not...

To become available to our inner nature is what we call meditation...



Be in the present..



Learn to be in the present..

Withdraw your energy from the past. Don't waste your time in memories.. what is gone is gone.. Say goodbye to it and close the chapter...



What has not come yet has not come yet... Don't unnecessarily waste your time and energy in imagination, because no imagination is ever fulfilled..



It is because of this that this proverb exists in every language...

"Man proposes and God disposes"

because you, me, imagine a certain thing in the future, and it is never so.



Withdrawing yourself from past and future... you will become a tremendously intense energy focused in the now, in the present, concentrated in the present like an arrow...



Each moment being aware, alert, watchful, in the here and now.





who are you?

Are you a sinner?

Are you a slave?

Are you a saint?

Are you a sage?

who am I? ..



These are the five tricks through which a man has been turned into a Slave...

A slave to save who? to serve who?

This is an ugly phenomenon, a crippled step... what for?

Listen.. read and feel and think and be aware..

The first is: keep us as weak as possible.. so they can dominate us..

If the priest wants to dominate you, or the politician wants to rule you, you have to be kept as weak as possible.. All kinds of weakness... all kinds of poverty.. they use us for their profits and they give us few gifts to keep us in their hands...



36 in certain cases exceptions
are allowed...



That is, when the services of fighting
our enemy are needed, only then.. otherwise
not..



The army is allowed many things which
other people are not allowed..

The army is in the service of death;
They are allowed to be powerful. They are
allowed to remain as powerful as possible..
They are needed to kill the enemy...

Other people are destroyed; they are
forced to remain weak in thousands and
one ways... watch the news... it is the
same history is back... war and prepara-
tion for a bigger war ... no peace but
pieces... pieces

And the best way to keep us weak is not
to give Love total freedom...

We are born free ... Love is our
birth ... but who is aware of this bliss?
Nobody is allowed to know it... Truth came
for the chosen few... Now is the time
and the book is in your hands and in
your heart... Live your choice...



Love is my choice..

Love is nourishment...

Now the psychologists have discovered it,
That if a child is not given love, he becomes
weak and melting in his weakness...

You can give him milk, you can give
him medicine, you can give him everything...
Just don't give him love.. don't hug
him, don't kiss him, don't hold him
close to the warmth of your body
and your being...

And the child will die... we bury.. bury
him at seventy but was dead long ago...

What happens?

Just hugging, kissing, giving warmth,
Somehow the child feels nourished as he
was in the womb..

The child wants to feel part of
this motherhood and fatherhood... feeling
that he/she is worthy, a certain
meaning in his life..

How can you help your children to have
the peaks of it? So down the ages man
has been denied love so that he remains
weak..

Now... from the very childhood we
starve... we don't give love.. Then
we force them to fall in love by what?
by marriage..

In between, we go to schools... to colleges
to have few degrees... so in degrees we
are not in love... They forced us not to
love... just make good money and get
married and have a home, a car, and in
debt... what is this life? Is this love?

It is our mistake... we are killing the bull
and create an ox..



If I can't love totally, I can't love my
children.. because I don't know what
Love is..

That which is not [♥] yours, is not right..
It is right for Christ but not for me..

[♥]
You are a unique individual in your own
right...

You have to find your own truth alone,
not by following other's footsteps..



The world of truth is something
like the sky where birds fly but
don't have any footprints...



All followers, without exception, are wrong.
They are following someone because they are
not courageous enough to seek and search
on their own...



Remember, when Mohammad drinks, his own
thirst quenched... But that will not
help your thirst...



To be a carbon copy in this world is the
ugliest way of being...



The authentic man is always original..
She is not a replica, not a repetition..
He is a new song, a new dancer, a new now..



Freedom is our very nature... The river
has no map to know how to go to
the sea and to the ocean...



You are the drop, the wave and the
Ocean...





Are you Like The Bird?

Once there was a rich man who bought
Two beautiful birds as pets for his garden



The birds were some of the most
beautiful birds he had ever seen..
He gave the precious birds to his gardner
To be Trained..



Many days passed away and one day the
gardner informed the rich man that one
of the birds flies very good but the
second did not move from its branch...



The rich man called healers and magicians
from all over the country, but no one
could make the bird fly..



Then the rich man called a villager and
the bird started soaring high above
the garden..



What did you do?

It was very easy... I simply cut the
branch where the bird
was sitting...





We are made to fly ...

To realize our incredible potential
as human beings...

But instead of doing that, we sit
on our branches, clinging to the things
that are familiar to us..



The possibilities are endless, but for
most of us, they remain undiscovered...
we conform to the familiar, the comfortable,
the mundane...



for the most part, our lives are
mediocre instead of exciting,
thrilling and fulfilling..



So let us face our fear... don't go far...
go in... truth is so near why go so
far ??.



Destroy the branch of fear we cling to
and free ourselves to the glory of flight...



Every truth is destroyed by
US

There is an ancient parable in the East that a newly-recruited devil came running to the old master, the Great Devil, perspiring, huffing and puffing...

He said... "What are you doing here smoking cigars? Are you not aware that one man on the earth has found the Truth?"

"If he spreads it to the people our whole business... sorry... business will be destroyed."

The old devil went on smoking and smiling, he said, "Don't be worried, my son, you are new, you don't know our ways... My priests have all ready reached there; they are surrounding the man. Now they will not let anything reach to the people uninterpreted... they are my servants, but they will pretend to be his priests. They will write his books, they will interpret his philosophy."



Listen only to your heart...



Everybody has to go via the right channel,
it is in us...



Priest and politicians are victims of ignorance,
and victims of victims... Be a
Victor...

change only yourself...



Many people have found the truth, but we
always spoil it... The oil is our master..
The petrol is ruling us... The smaller
power is on our head... it is the
dollar...



I Love money but I use it... it is a
great utility for joy... for happiness..
for life....

You are the master not the paper..

Be who you are now-here and let
us play our joy...



Magic Lamp



A woman finds Aladdin's magic lamp.



She starts rubbing it and a Genie comes out as usual..



The woman looks at The Genie and asks him to grant her wishes:

I want my husband to have eyes only for me...

I want to be the only one in his life..



I want him to sleep always by my side..

I want that when he gets up in the morning, I'm the first thing he grabs and takes me everywhere he goes..



The Genie turned the lady into an Apple iPhone!!!

This is the simple secret of happiness...
♡



Whatever you are doing, don't let past move your mind; don't let future disturb you..



The past is no more, and the future is not yet.



Don't live in the memories and not in the imagination...

Exist in this now... You are the existence...



Love yourself..



The whole society lives on your
condemnation...

The individual has to be condemned;
only then he can be exploited..

He has to be filled with so much
guilt that he cannot be rebellious..

He is to be almost crushed by his
own guilt so that he cannot
assert his individuality...

cannot become a soul... At the most he
becomes an efficient mechanism in the
society...

That is the trick, the conspiracy of
the society against the individual...



A man was so jealous of his newly
born baby that he put poison on
the wife's nipples while she was
asleep... The next day, their driver
died of poisoning..



Let us Fun

An elderly married couple is sitting at home watching TV...

The husband has the remote and switching back and forth between a fishing channel and the porno channel..

The wife becomes more and more annoyed and finally speaks up:

"For heaven's sake!! Leave it on the porno channel, you already know how to fish!!"

Three friends from the local congregation were asked: "When you're in your casket, and friends are mourning over you, what would you like them to say?"

"I would like them to say I was a wonderful husband, a fine spiritual leader, and a great family man."

I would like them to say I was a wonderful Teacher and servant of God who made a huge difference in people's lives..

I would like them to say 'Look, he's moving!'

It is easier to criticize, but
difficult to improve !!



Once upon a time there was a painter
who had just completed his course..
He took 3 days and painted beautiful
scenery...

He wanted people's opinion about his
caliber and painting skills...

He put his creation at a busy street-crossing.

And just down below a board which read

"I have painted this piece. Since I am
new to this profession I might have
committed some mistakes in my
strokes etc... please put a cross
wherever you see a mistake."

While he came back in the evening to
collect his painting he was completely
shattered to see that whole canvass
was filled with Xs, crosses, and some
people had even written their
comments on the painting...

Oh! His heart was hurt and he ran to his
master and burst into tears.





This young artist was breathing heavily and master heard him saying...

"I am useless and if this is what I have learnt to paint I'm not worth becoming a painter. People have rejected me completely. I feel like dying."

The master smiled and said...

"My son, I will prove that you are a great artist and have learnt flawless painting. Do as I say without questioning it. It will work."

Young artist agreed and two days later early morning he presented a replica of his earlier painting to his master.. Master took that gracefully and smiled..

"Come with me." master said..

They reached the same street-square early morning and displayed the same painting exactly at the same place... let us see what he did..



Now master took out another board which read..

"Gentlemen, I have painted this piece. Since I am new to This profession I might have committed some mistakes in my strokes etc... I have put a box with colors and brushes just below. please do a favor.. If you see a mistake, kindly pick up the brush and correct it."

Master and disciple walked back home.

They both visited the place same evening. Young painter was surprised to see that actually there was not a single correction done so far..

Next day again they visited and found painting remained untouched... The painting was kept there for a month but no correction came in.

It is easy to criticize, but difficult to improve!!! So don't get carried away or judge yourself by someone's criticism and feel depressed..

Judge yourself by loving yourself..

Love is the only life..



Money is yours, but the resources
belong to the society..

♡
This may or may not be a true story, but
it gives us a very important Lesson in life...

♡
Germany is a highly industrialised country..
It produces Top brands like Benz, BMW, and
much more machines...

The nuclear reactor pump is made in a
small Town in this country.

In such a country, many will think its
people lead a luxurious life..

At least that was my impression before
my study Trip..

♡
When I arrived at Hamburg, my colleagues who
work there arranged a welcome party for me
in a restaurant...

As we walked into the restaurant, we
noticed that a lot of Tables were empty.

There was a table where a young couple
was having their meal..

There were only two dishes and two cans
of drinks on the Table.... what was my feeling??



  I wondered if such simple meal could be romantic..

 There were a few old ladies on another table...

When a dish is served, the waiter would distribute the food for them, and they would finish every bit of the food on their plates..



We did not pay much attention to them, as we were looking forward to the dishes we ordered.. 

As we were hungry, our local colleague ordered more food for us.. As the restaurant was quiet, the food came quite fast. 

Since there were other activities arranged for us, we did not spend much time dining. 

When we left, there was still about one third of unconsumed food on the table.. 

When we were leaving the restaurant, we heard someone calling us. We noticed the old ladies in the restaurant were still there but were talking about us to the restaurant owner...



When they spoke to us in English, we understood that they were unhappy about us wasting so much food...

We immediately felt that they were really being too busybody...



"We paid for our food, it is none of your business how much food we left behind... Let them throw it..."

my colleague Sami told the ladies..



The old ladies were furious. One of them immediately took her hand phone out and made a call to someone..



After a while, a man in uniform claimed to be an officer from the social security organization arrived. Upon knowing what the dispute was, he issued us a 100 dollars fine.. We all kept quiet, we paid and we apologized... The officer told us:

Order what you can consume, money is yours but resources belong to the society..

There are many others in the world who are facing shortage of resources... You have no reason to waste food...



Milk and my Mom's love

There is a story about a famous research scientist who had made several very important medical breakthroughs.. He was being interviewed by a newspaper reporter who asked him why he thought he was able to be so much more creative than the average person...

What set him so far apart from others?

He said that, in his opinion, it all came from an experience with his mother that occurred when he was about 5 years old.

He had been trying to remove a bottle of milk from the refrigerator when he lost his grip on the slippery bottle and it fell, slipping and spilling its contents all over the kitchen floor, a veritable sea of milk!!

When his Mom came to kitchen, instead of yelling at him, giving him a lecture, or punishing him, she said.. "Ahmad, what a great and wonderful mess you have made!! I have rarely seen such a huge puddle of milk. Well the damage has already been done but just listen to me."



What did the Mom say?

"Would you like to get down and play in the milk for a few minutes before we clean it up?"



Indeed, he did..

After a few minutes, his mother said..
"You know, Ahmad, whenever you make a mess like this, eventually you have to clean it up and restore everything to its proper order. So, how would you like to do that? We could use a sponge, a Towel, or a mop... which do you prefer?"
He chose the sponge and together they cleaned up the spilled milk..



His mother then said, you know, what we have here is a failed experiment in how to effectively carry a big milk bottle with two tiny hands... Let's go out in the back yard and fill the bottle with water and see if you can discover a way to carry it without dropping it...
What did he do?



 The little boy learned that if he grasped the bottle at the top near the lip with both hands, he could carry it without dropping it...
 what a wonderful lesson!!

 The Moral

 This renowned scientist then remarked that it was at that moment that he knew he did not need to be afraid to make mistakes...

 Instead, he learned that mistakes are a new lesson, a new step... a new stepping stone on our trip... a new opportunities for learning something new, which is, after all, what scientific experiments are all about...

Even if the experiment doesn't work, we usually learn something valuable from every road, every word....

No pain no gain...

Cancer is the answer...



Ever notice how a 4-year-old's
voice is louder than 200
adults?

Several years ago, I returned home from
a trip just when a storm hit, with
crashing Thunder and severe lightning..

As I came into my bedroom about
2 a.m., I found my two children in bed
with my wife, Mary, apparently scared
by the loud storm. I resigned myself
to sleep in the guest bedroom that night..

The next day, I talked to the children
and explained that it was OK to sleep with
Mom when the storm was bad, but when
I was expected home, please don't sleep
with Mom that night..

They said OK..

After my next trip several weeks later,
Mary and the children picked me up
in the Terminal at the appointed time.
Since the plane was late, everyone had
come into the terminal....

  Many came to the terminal steps
for their arriving passengers..

 As I entered the waiting area.. my
son saw me, and came running
shouting ... "Hi, Dad!! I have got
some good news!!"

As I waved back, I said loudly..

"What's the good news?"

Alex shouted, "Nobody slept with
Mommy while you were away this
time!!!"

The airport became very quiet, as
everyone in the waiting area looked
at Alex, then turned to me, and
then searched the rest of the
area to see if they figure
out exactly who his Mom
was?!!

Be aware of what you listen!!

why me only?



Sometimes we wonder, "what did I do to deserve this?" or "why did God have to do this to me?"



Here is a wonderful explanation!!



A daughter is telling her Mom how everything is going wrong, with her friends and in her exams and her cousin is moving away..



Meanwhile, her Mom is baking a cake and asks her daughter if she would like a snack, and the daughter says, "Yes!! I love your cake!!"

"Here, have some cooking oil," her Mom offers..

"Yuck" says her daughter

"How about a couple of raw eggs?"

"Mom!! what is this!!"

"Would you like some flour then? Or maybe baking soda??"



 "Mom, those are all yucky!"

To which the mother replies:

 "yes, all those things seem bad all by themselves. But when they are put together in the right way, they make a wonderfully delicious cake!"

♡
God helps the same way.

Many times we wonder why He would let us go through such bad and difficult times...

But God knows that when He puts these things all in His order, they always work for good!!

We just have to Trust Him and, eventually, they will all make something wonderful!!

♡
A man went to pub with his wife.. when he left for the counter to buy drinks a prostitute came to his wife and whispered: "You must demand cash before sex, I know him, he doesn't pay."

A short Inspirational Story

A man stopped at a flower shop to order some flowers to be wired to his mother who lived Two hundred miles away..

As he got out of his car he noticed a young girl sitting on the curb sobbing..

He asked her what was wrong and she replied, "I wanted to buy a red rose for my mother.. But I only have seventy-five cents, and a rose costs two dollars."

The man smiled and said...

"Come on in with me, I'll buy you a rose."

He bought the little girl her rose and ordered his own mother's flowers..

As they were leaving he offered the girl a ride home..

Yes! please you can take me to my Mom



Where is the home of her Mom?



She directed him to a cemetery, where she placed the rose on a freshly dug grave...



The man returned to the flower shop, canceled the wire order, picked up a bouquet and drove the two hundred miles to his mother's house...



Where is our home?



Where is our home?

Where is our grave and our grace??



What am I doing now for my body?

for my self? for my being?



for my mother earth? How is my feeling now? My now is my future...

My now is my eternity and my infinity...



What I plant I harvest...



Greet Motivational Lesson

One fine day when all the employees of a company reached the office they saw a big board at the entrance on which was written...

"This is to inform you that the person who has been impeding your growth in this company passed away yesterday.. We invite you to join the final prayers for the deceased that has been arranged in the meeting room."

As soon as they read this notice all the employees felt sad about the death of one of their colleagues, but then they became curious to know who this person, who was hampering their growth, really was...

All the employees headed to the meeting room where the casket was kept...

The excitement to see the person heated up in the room..

Everybody thought to himself "who is this man?"



whoever he is, at least he died...

Now that he is gone I can really perform better and nobody can stop me from progressing.

One by one the excited and thrilled employees got closer to the casket, and when they looked inside it. The sight in the casket left all of them speechless.. There was a mirror inside the casket



You are the only person who can help yourself...

You are your own healer... your own doctor... your own master...

My life does not change when my boss changes, when my friends change..

My life changes when I am changing.. when I go beyond the limits of my mind..

I am the only one who is responsible for my life...



 The most important relationship
you can have is the one
 you have with yourself...



The moral:

 The world is like a mirror:
it gives back to anyone the
 reflection of the thoughts in which
one has strongly believed..

The world and your reality are like
 mirrors lying in a casket, which show
to any individual the death of his
divine capability to imagine and create
his happiness and his success...

It is the way you face life that
makes the difference...



Rely on God first and try your
best...



Trust the Trust... Trust the
existence... Then no one can
stop your growth which is in the core
of your heart... In the kingdom of
Allah...



The weight of The Glass



A famous psychologist once invited a group of her friends to a party at her house...



As they were all chatting, she lifted a glass of water and started walking with it towards them with a purposeful gait...



Everyone stopped talking and looked at her, thinking she may be about to ask them the famous "glass half full" question..

Instead she asked:

"Can anyone tell me how heavy this glass is?"

The guests began to throw numbers, trying to guess how heavy the glass was...



Eventually, their host hushed them and



said: "To be honest, it does not matter. The weight of the glass is not determined this way. It is determined by the amount of time I will be holding it."





Hold on !!

If I hold it for a minute, There is no problem, and it is light...



If I hold it for an hour, it will become heavy, and my hand will be in pain...



If I hold it for a whole day, it will weight like a mountain, and I will be numb with pain...



♡

She looked at them and said.. it is for each one of us:

The same is true for our problems, fear and worries. If we hold them for a short while, we can handle them, but when we carry them around with us for weeks, months and years,

they become as heavy as a mountain...

So let us remember, put down the glass of water from time to time, angels are in us and us... They help us.. and give yourself a rest and live your best...

The Mortician's Big Discovery

While examining the body of Mr. Schwartz,
a mortician notices that Schwartz
has the largest penis he has ever
seen...

"I'm sorry, Mr. Schwartz" says the
mortician. "But I can't send you to
be cremated with a tremendously
huge penis like this. It has to
be saved for posterity."

The mortician removes the penis,
places it in a jar and puts the
jar in his briefcase...

When he gets home, he decides to show
it to his wife...

"I have something to show you that
you won't believe," he says, removing
the jar from his briefcase...

"Oh my God!" she screams...

"Schwartz is dead!!"

The over-acting Manager

On walking into the factory, the Managing Director of the company noticed a young guy leaning against the wall, doing nothing..

He approached the young man and, calmly said to him,

"How much do you earn?"

The young man was quite amazed that he was asked such a personal question, he replied, none the less, "I earn 2000 dollars a month, sir. why"

Without answering, the MD took out of his wallet and removed \$6000.00 cash and gave it to the young man and said, "Around here I pay people for working, not for standing around looking pretty!! Here is your 3 month salary, now get out and don't come back."

The young man turned around and was quickly out of sight..



Noticing a few onlookers, MD said in a very upset manner..

" And that applies to everybody in this company! "

He approached one of the onlookers and asked him..

" who is the young man I just fired? "

To which an amazing reply came..

" He was the pizza delivery guy, Sir!! "



A man is dying of cancer, but keeps telling people he is dying of AIDS..

His son asked... "Dad why are saying this lie? "

He answered, so that when I am dead, no one will sleep with your Mom....

A good protection from fuckaction



yes!

Grown-ups have that habit;

they enjoy condemning people..

But don't be worried...

they are not grown-ups, mm?

They have remained a little childish..
not childlike...

When they were children, grown-up tried
this trick with them, so now they are
repeating the same with others..

This is how diseases go on perpetuating
themselves for centuries... you cop out
of it...

Don't condemn anybody... Even if you feel
that the other is absolutely wrong, don't
condemn him..

condemnation is more wrong than any
wrong

Never condemn anybody, that is the
quality of a religious person, who
accepts and doesn't interfere..

Watching is meditation

♥
I watch myself...

what I watch is irrelevant.. I can watch
the trees, the river... the clouds, the
children playing around...

The object is not the point...

The quality of observation, the quality of
being aware and alert... watch your
mind... my mind is a cunning evil..

evil ↔ Lived..

Devil ↔ Lived...

♥
Meditation means awareness... whatsoever
I do with awareness is meditation...

♥
Action is not the question... the quality of this
nowness... This aloneness... who is writing?
who is reading?? How is the answer??
Any action can be a response from the
heart...

Just listening to the inner noise of
our mind can be a meditative active
action... If you remain alert and watchful..
then whatsoever you do is meditation...

is compassion...

♥

story of True Love..

It was a busy [♡] morning, about 8:30, when an elderly gentleman in his 80's arrived to have stitches removed from his thumb...

He said he was in a [♡] hurry as he had an appointment at 9:00 am...

I took his [♡] vital signs and had him take a seat, knowing it would be over an hour before someone would be able to see him..

[♡]
I saw him looking at his watch and decided, since I was not busy with another patient, I would evaluate his wound..

[♡]
On examining, I saw that it was well healed, so I talked to one of the doctors, got the needed supplies to remove his stitches and redress his wound. while taking care of his wound.. we started chatting...

♡

Let us chat...

I asked him if he had another doctor's appointment this morning, as he was in such a hurry..

The gentleman told me no, that he needed to go to the nursing home to eat with his wife... to breakfast together..

I asked him about her health...

He told me that she had been there for a while and that she was a victim of Alzheimer's Disease..

As we talked, I asked if she would be upset if he was a bit late...

He said, that she no longer knew who he was, that she had not recognized him in five years now...

I was surprised, and asked him... "And you still go every morning even though she does not know you who you are? He smiled as he patted my hand and said... "She does not know me, but I still know who she is"

True love is neither physical, nor romantic..





True love is an acceptance of all
that is...

All that has been..

All that will be..

All that will not be..



The most difficult thing in life to accept
Love..

Love is God ... God is Love..



Love can exist in two dimensions;
either as horizontal or as vertical..
dimension of time and dimension of eternity



If you can know the eternal love you
have known God..

Nothing is left, all is fulfilled...



We want the love which is born out of
meditation,
not born out of the mind...



You rise in love you don't fall in love..



Just as light surrounds a flame, love surrounds
you...



you are loving, you are love... The love
of a lover is showering around
him...



Love is a transcendence of lust and ego..



Love is the food of the soul just as food
is the food for the body..



One cannot avoid Love... If one avoids
Love one is avoiding life..

To avoid Love means to commit suicide..



To love somebody means to respect whoever
is...



To love anybody means to give love and all
that you have without any expectation..



Love yourself first, become a light unto
yourself first... And once you live love.. you
love the mystery of existence.. the divinity
of eternity...



Are you ready?



One disciple was leaving, taking The Budha's message..

Budha asked, "where are you going?"

"There was a part of Bihar called Sukha.

None of your lovers have gone to Sukha yet, I will go there."

Budha said, "It would be good if you don't go there. The people of that area are dangerous, this is why no one has gone. If they insult you what will happen to you?"

"If they insult me then I will consider myself fortunate that they did not beat me, they only insulted me."

"Budha said, "And if they beat you what will happen to you, punna?"

"I will consider myself fortunate that they did not kill me, they only beat me."

Budha said, "One more question, if they kill you what will happen to you as you are dying?"



Purna replied, "What else could happen?
These are such good people that
they have released me from living
in this body in which I might
have committed some mistake..

Now no mistake is possible..
They have released me from living in
this body where my foot may have
gone on wrong paths, anything could
happen, I could stray off.. They have
liberated me from this body...

I will die filled with kindness for
them. I will die full of gratitude
for them. •

Budha said: "Then you go. Go anywhere.
wherever you go, you will find your
friend, because now you cannot
see any enemy."

♥
An enemy ... anyone ... enemy ... all are in me..
me we is the existence... we are mirrors
to each others....





Be a rebel

Be a victor not a victim



And Love is rebellion...

Because love listens only to the heart,
and does not care a bit about anything
else..



Love is dangerous because it makes
you an individual..



And the state and the church, they
don't want individuals, not at all..

They don't want human beings, they want
sheep..

They want people who only look like
human beings, but whose souls have been
crushed so utterly, damaged so deeply,
that it seems almost irreparable...



And the best way to destroy man is to
destroy his spontaneity of love..

If man has love, there can't be nations..
Nations exist on hates... The Indians hate
the Pakistanis and the Pakistanis hate the
Indians.



Only by hate countries can exist..

If love appears, boundaries will disappear...

If love appears, who will be a Jew and who will be a Christian?

If love appears, religions will disappear..

If love appears, who is going to go to the temple? for what?



It is because love is missing that you are searching for God..

God is nothing but a substitute for your missing love..

Because you are not blissful, because you are not peaceful, because you are not ecstatic.. hence you are searching for God... Otherwise, who bothers, who cares?

If your life is a dance, Allah has been attained already... The loving heart is full of God. There is no need for any search; there is no need for any prayer; your love is your prayer...





Alexander The Great meets a Lover...



When Alexander The Great was busy conquering the world far and wide, he came at last to India..

When he was about to return to his country, he remembered that his people had asked him to bring to them an Indian yogi...

They had heard a lot about yogis and were very desirous of seeing one, meeting him, hearing him speak and receiving his blessings..

Alexander was told that the yogis dwelt in the forest...

In quest of a yogi he went to a forest.. Sure enough, he found 1.. One sitting underneath a tree, in deep meditation.. He waited patiently until the yogi opened his eyes..

They shone with a strange, mystic light... Reverently, Alexander requested the yogi to accompany him to Greece, saying..

I will give you everything you need or ask for. But, please, do come with me.. My people would love to meet you.



The yogi quietly answered...

"I need nothing, I am happy where I am."

This was the first time that anyone had turned down Alexander's request.. He could not control himself. He flew into a rage.. And unsheathed his sword, he thundered,

"Do you know who is speaking to you?"

"I am the great King Alexander.. If you will not listen to me. I shall kill you - cut you into pieces!"

Unperturbed, the yogi answered...

"You cannot kill me. You can only kill my body. And the body is but a garment I have worn. I am not the body. I am that which dwells within the body... I am the driver but not the car... You say you are a king. May I tell you who you are?? You are a slave of my slave!!"

Stunned. Alexander asked.. "How am I a slave of your slave?"

In a voice tender with compassion, the yogi explained..."I have mastered anger.. Anger is my slave. See, how easily you gave way to anger.."



Yes!! You are a slave of anger, and,
therefore, a slave of my slave!!"



This delightful story reminds me to
never become a slave to my negative
emotions, and most of all my temper..

Pain and difficulty will always try to
spark a reaction from you, but it is
up to you.. to me... to us to respond as
an Alexander or a yogi... a real lover of
trust and truth...

The more we stoke the fires of anger,
sadness, and struggle in our lives the more
power we give them...

In this case, Alexander may not have
seen his anger as a weakness, but the
yogi shed light on the strong influence
that it had over Alexander's life..

As yogis, our practice is a bulletproof
armor to stop the external forces that
persuade us to define ourselves by these
negative emotions.

And that is truly powerful...

Be your own master... your own khoung... or shaikh,
or guru or any label... you are that which
is..





The King and The poor man



There was a king who decided to Take a Tour of his country...

As he passed by different places, everyone rushed to see him...

However, while passing by a certain place, he noticed a poor old man who did not pay any attention to the king's arrival and remained engaged in his own activities...

The king went up to this poor man and asked why he did not join the people to see him..

The poor man replied, "Before you, there was another king who once passed by this place..

"Everyone gathered to see him as well.

But, few days later he died and was buried in a place nearby. A poor man also died during that time and was buried near the king's grave...

"After some time, a strong flood passed through that area causing those graves to overturn...



"As a result, the bones of the poor man became mixed up with those of the king's..."

"We could not differentiate between them any longer. After seeing this, it does not matter to me anymore as to who is a king and who is a beggar.. In the end, our home is the same."



Live the real home ... a house is for the body.. we don't have any home on this earth... The home is somewhere inwards, very deep in the innermost core of our being, but to go there is our adventure....

The kingdom of God is within..

The home is possible only in eternity
You were not here one day and we will not be here any now...

Yes! we can pitch tents here, but we cannot make a home...

You can have shelter but you should not become attached to it... we should not call it

"my" "mine" Nothing belongs to us... We are homeless wanderers... Wonder in this treasure..





Wealthy Quotes...



He is richest who is content with
The least, for content is the wealth
of nature



It is only when the rich are sick
that they fully feel the impotence
of wealth.



You are not wealthy until you
have something money can't
buy.



Wealth is the slave of a wise
man, the master of a fool..



If we command our wealth, we shall
be rich and free...

If our wealth commands us, we are
poor indeed..



In a country well governed,
poverty is something to be ashamed
of.



In a country badly governed, wealth is
something to be ashamed of..



He does not possess wealth;
it possesses him



Don't gain the world and lose your
soul, wisdom is better than silver
or gold



Money is only a tool. It will
take you wherever you wish,
but it will not replace you
as the driver..



You are the driver not the car..
Take care of yourself..





When there is money in your
hand and not in your heart,
it will not harm you even if
it is a lot...

And when it is in your heart,
it will harm you even if
there is none in your hands



Forgive others as quickly as you expect
God to forgive you to.

If you have choice between revenge
and forgiveness, choose forgiveness...

The sweetness that follows cannot be
replaced by a 1000 revenges...

You make it so hard on others to
gain your forgiveness even though God
makes it easy on you..



There are two blessings which
many people lose, they are..
health and free time for doing
good...



You don't need a human to tell you
that you are beautiful...

You are God's creation, how beautiful
is that?



patience is a hard thing to learn...
but when you master it; a whole
new and wonderful world is opened
to you.



A man dreams of a perfect wife,
And the woman dreams of a
perfect husband, but they don't
realize that God created them
to perfect one another.



Love is not about finding the
right person, but creating a
right relationship...



Self confidence is the most attractive
quality a person can have, how can anyone
see how blessed you are if you can't see
yourself..





You can never cross the ocean
until you have the courage
to lose sight of the shore.



All life is an experience in yourself.
The more you experience, the
more you are in your
inner treasure



A thought is a destiny...
change your thought and
you change your world..



When one door of happiness closes,
another opens, but often we look
so long at the closed door that
we do not see the one that
has been opened for us





God gives every bird it's food,
but he does not throw it into
it's nest



The person who says it cannot be
done should not interrupt the
person who is doing it...



He who loses money, loses much;
He who loses a friend, loses more;
He who loses faith, loses all...



Good things come to those who
wait...

Greater things come to those who
get off their ass and do anything
To make it happen..



Stop thinking of a million ways of not
being able to do something...

Start thinking of the one
way you can do it..





If you want to make your dreams
come true,
the first thing you do and you have
to do is "Wake up"



The most impossible journey is the
one you never begin..
Do it now ... if not now when?



Motivation is what gets you started
Habit is what keeps you going...



You are not obliged to win...
You are obliged to keep trying..
To do the best you can do now
and every now will be our
wow!!!



Change is a constant law and
a constant challenge..





All roads that lead to
Success have to pass through
Hard work
Boulevard at some point....



♡
The only way to do great work
is to love what to do
and to do what you love

♡
The strong man is not the good wrestler,
the strong man is the one
who controls himself when he is
angry

♡
Most of the problems in our life
are because of two reasons..

we act without thinking
we keep on thinking without
acting..

♡
Be kind whenever possible...it is
always possible...



You can't fall if you don't climb,
But there is no joy in living your
whole life on the ground..

♡
worry is the interest paid by those
who borrow trouble

♡
people are illogical, unreasonable and
self-centered ... Love them anyway..

♡
If you do good, people will accuse you of selfish..
Do good anyway



If you are successful, you win false
friends and true enemies ...
Succeed anyway

♡
The good you do today will be forgotten
tomorrow
Do good anyway

♡
Honesty and frankness make you vulnerable
Be honest and frank anyway





What you spend years
building maybe destroyed overnight..
Build Anyway



Give the best you have, and it will
never be enough...

Give your best anyway



For you see, in the end, it is
between you and God..

It was never between you and
them anyway



Take care of your thoughts when
you are alone

and take care of your words when
you are with people



Three things cannot be hidden..
The sun, the moon, and
the Truth..



Decision-Making

Decision is good when it comes out of life; it is bad when it comes only out of the head... it creates conflict..

The body is always here now, the mind is never here now; that is the problem..
You breathe now... not yesterday nor tomorrow

The body is in the present...

The mind is in the past and in the

future, so they never meet.. And

because of this split, anxiety,

anguish, tension, anger arises.. This is what worry is...

Don't worry, it will go right now..

Watch your breathing

Sit in a chair, relaxed, close your eyes..
start looking at the breathing... Watch!!!
In few weeks you start taking one
breath every minute... When you start
taking one breath per minute the mind is
coming closer to the body.



when you are in tune with
the body, you will know for the first
time what the present is..

The decision arises from our totality...
If it comes from the head it is an
ugly thing.. and it cuts you off
from reality...

This moment contains all, now is the
only reality. Now is the only time there is...
no past no future ...

Now-here or nowhere



One day Sami came home from school
and said to his Dad...

"Daddy, I was punished in school
for something that I did not do."

His Dad asked.. "But that is terrible I'm
going to have a talk with your teacher
about this ... by the way, what
was it that you did not do?"

The naughty Sami replied.. "My homeworks."



Yes we are a cosmic energy

You are part of an infinite energy, a wave in an infinite ocean...

 If we can remember this truth, we never lose energy... because an infinite source is available, you are one with this energy.

 We are still alive now... who gives us this energy?

Feel you are infinite... the eternal...

 The compassion.. the vehicle of this mystery 

Through doing you gain energy...

 Be who you are

Do your vision... what are you here for?

A person who is working he lives more than the one who is retired...

The more you use your body, the more energy from the infinite source is supplied ... Be more active and you will have more energy...





Through activity energy is not
lost, Through activity you renew it...



Look at mother earth...

We also have roots and fruits and
fragrance...

When we use energy, we suck energy
from the infinite.. your roots
start working...



Love more and you will have more Love
to give..

Love and more Love becomes available...
don't be a miser, you live in misery...
Compassion, love, activity, whatsoever the
dimension, the same rule applies..



Be aware of your mind... let love be
in your heart... in the core of your
being... the mind is very cunning... if
you listen to your mind.. you are
living in a vicious circle... relax and
Take a deep breath and Thank
You God...



Let the cosmic  energy flow and glow
and grow in our inner treasure... If
we go on use it, more and more
becomes available to us..

Jesus is saying...

If you try to cling to life, you
will lose it; and if you are ready to
lose it, you will have it in abundance...



Any idea can become a help or a hindrance.
So be aware of any thought... let your
thirst take you to the river... let your
love take you to your lover...

Life is an experience in us not an
experiment in the lab...



no sin, no guilt, no fear...

 From sex to superconsciousness is our
trip... From here to here is our 
 pilgrimage... the body is our home
and our temple and our mystery... 

Be grateful to every breath and
every birth.... 





Giving is Receiving ... A giver is a receiver
Love, sex, activity...

what so ever, always remember....

You are not a number

remember, you are a member..

We are one family... in The Kingdom
of God...

One royal family... God is the giver,
The unconditional giver..

If you are also a giver, your hands will
always be empty and The Goddess ... The
existence ... can give you much more...

If you are a miser, your relationship
with Allah... with The Divine is cut..

Then you live as a small wave, always
afraid of losing ...

Meet, melt and merge..

Live as the ocean. Be oceanic ... Never

Think of losing, about anything, nothing is
lost, nothing can be lost...





You are not alone..

You are not an individual...

You only appear as an individual...

The whole is joined to you; you are
just a face of the whole, just a way...
The whole has happened...

Don't be worried about it... it is
never going to end...

This existence is beginningless
and endless...



The truth is very simple...



Mohammad said it in four words

There is no god but God..

ALL ^{hu} ^{hu} ^{hu} ^{hu}



La ilaha illa Llaha

God is not a person... not a body...



but a mystery beyond sound and voice
and word... It is our experience
of the only mystery there is...

Enjoy, celebrate, be active, and always be
a giver... To give is to pray.. to give is to
love.. And those who can give, can live
The infinite energy...



Money is not a problem



Money is not a problem...

It can be used!

If you have it, use it...



If you don't have it... use your
Freedom... We are born free..



If you are rich, enjoy.. richness
has few things which no poor person
can enjoy...



If you are poor, there are few
things which only few people can
enjoy..



So, whenever, whatsoever is happening,
enjoy it..



A poor person has a kind of freedom..
poverty has a kind of cleanness, relaxedness,
contentedness... Mind is not very much
worried; There is nothing to worry about..





You can sleep perfectly well;



insomnia is impossible for a poor man.. So sleep well and snore, and enjoy the freedom that comes from poverty..

And sometimes when you find yourself rich, enjoy richness... because there are a few things only a rich person can enjoy ... you can have the greatest paintings on your walls.. a poor man cannot have that ... you can  have the best music in your house.. the best garden ... you can paint, you can play on the guitar.. you can sing, you can dance, you can travel... and much more...

But whatever you have ... just see what you can make out of it...

If it is poverty, become a Jesus... start wandering ... be a beggar.. enjoy it... He is homeless.. he belongs to nowhere and to everywhere ... He is a flow.. no worry that the rains are coming and the roof has to be fixed... he has nothing to be stolen..



Enjoy poverty when you are poor,
and enjoy richness ... Then become
an emperor ... and enjoy all the
beauty in the existence ...

Let our approach be total ...
Do not choose ... just total acceptance.
Let thy will be done

Whatever is the case, the intelligent
person will make something beautiful out
of it ...

The unintelligent person suffers ... If he
has money, he suffers because money brings
worries .. he does not enjoy the music, the
dance, the painting, the meditation ...

And this man if poor or rich he suffers
poverty ... Then he is continuously worried
that .. " I don't have this and I don't
have that "

You have poverty!! Enjoy it ...
See God in every breath ... in every seed ...
in every sense ... Do not be negative ...

Just be intelligent and see the beauty
of the rose and the thorn ...

No pain, no gain . .





A Beautiful Gift...



Just!! A story a day keeps the worry away !!



Karim received a car from his brother as a gift... When he came out of his house, a small poor boy was walking around the new car, admiring it.

"Does it belong to you uncle?" he asked. Karim replied in negative..." This is a gift from my brother for my birthday." The boy was amazed..

"You mean your brother gave it to you and it cost you nothing? I wish that I could be a brother like that.."

Karim looked at the boy in astonishment, then he said "Would you like to take a ride in my car?"

"Oh yes I'd love that."

After a short ride, the boy said, "uncle, would you mind driving in front of my house?"

Karim smiled a little. He thought he knew what the boy wanted.. He wanted to show his neighbors where he is..



But Karim was wrong again ...

"Will you stop where those two steps are?" The boy asked

He ran up the steps ... Then in a little while Karim heard him coming back, but he was not coming fast.. He was carrying his small crippled brother.. He sat him down on the bottom step, then sort of squeezed up against him and pointed to the car..

"There it is, little brother, just like I told you before. His brother gave it to him and it didn't cost him a penny.. And some day I'm gonna give you one just like it then you can see for yourself all the pretty things in the shop windows that I've been trying to tell you about." Kareem got out and lifted the boy to the front seat of his car.. and the three of them began a memorable ride..

That day, Karim learned what the prophet Mohammad meant when he had said,

"Love for your brother what you love for yourself"

So what am I going to do now to make someone happy?



Every work is worship

Worship not warship!!

Your Treasure is in your own inner nature...

Don't look for it somewhere else..

All palaces and all bridges to the palaces are meaningless...

You have to create your own bridge within your own being...

The palace is there

The treasure is there

The peace is there..



God never sends anybody into the world without a treasure... He sends us ready for every situation, how can it be otherwise?

When a father sends his son on a long journey, he makes every preparation...

Even for unexpected situations, the father provides... He makes all provisions...

We are carrying every thing that we need... just go into the seeker and don't go seeking outside..



Seek the seeker, let the
seeker be the sought..



And because of this God created us
as the temple... God has put the
treasure in us, in the core of our
heart, of our being...

Whenever somebody comes to his
innermost treasure, prayer arises...

Whenever you understand the grace of
God, the compassion, the love, what
else can you do?

A great prayer of thankfulness rises
into your being... You feel so overpowered
by His Love, overwhelmed..

What else can you do? you simply
bow down and you pray...

Every breath is a prayer..

Every pain is a gain...

And if we pray to ask for something,
it is not a prayer... be an emperor
not a beggar... Let thy will be
done...





A prayer is always a
Thanks giving...



No expectation...

expectation is frustration...

God knows what my needs are.. why
ask and why beg??

If you ask for something, then the
prayer is still corrupted by desire.. it is
still poisoned by dreaming..

A real prayer happens only when you
have attained to yourself, when you
have known what God has given to you
already without your asking for it..

When we realize what we have
been given, what infinite sources have
been given to you, a prayer arises..

A relating not a relationship... only

Thank you Ya Allah

Never advise God.. that shows our
irreligiousness... That shows our
lack of trust..

Our life is already a bliss... a
benediction...



Our life is already a blessing..



Each moment is such pure joy..



But we are missing it, that is why
our prayer is not arising.. our whole
life would become a living light...

God would flower in you.. and His/her
fragrance would spread to the winds...

When the power of love overcomes
the love of power... the world
will know peace..

Know peace or no peace

Know meditation or no meditation

Be a knower not a believer--.

To believe or to know?

To be a follower or a fellow traveler?

What is our choice?

to be a choicelessness... do your best
and God will do the rest..

Let Thy will be done...



No Judgement...

There was once a man who had four sons.. He wanted them to learn not to judge too quickly... just think and see...

So he sent them each on a quest, in turn, to go and look at a pear tree that was a great distance away...

The first one went in the winter,

the second in the spring, the third in summer and the youngest in the

fall..

when they had all gone and come back,

he called them together to describe what they had seen...

The first son said that the tree was ugly, bent, and twisted..

The second son said no, it was covered with green buds and full of promise..

The third son disagreed.. he said it was laden with blossoms that smelled so sweet and looked so beautiful... it was a great grace



The last son disagreed with all of them ; he said it was ripe and dropping with fruit, full of life and fulfillment..



The man then explained to his sons that they were all right, because they had each seen but only one season in the tree's life.

He told them that you cannot judge a tree, or a person, by only one season, and that the essence of who they are and the pleasure, joy, and love that come from that life can only be measured at the end, when all the seasons are up...



If you give up when it is winter, you will miss the promise of your spring, the beauty of your summer, fulfillment of your fall..



So let us be aware and learn from every seen... every now... no two seconds are the same



Don't let the pain of one
season destroy the joy of all
the rest..



Don't judge life by one difficult
season... no pain no gain....

Every breath is a master... is a birth
and a death...

When the great Sufi mystic, Hassan, was
dying, somebody asked him..

"Hassan, who was your master?"
He said, "I had thousands of masters.
If I just say their names it will take
months, years, and it is too late..."

But three masters I will certainly
tell you about..

One was a Thief. Once I got lost in the
desert, and when I reached a village it was
very late, everything was closed... But at
last I found one man who was trying
to make a whole in the wall of a



house... I asked him where I could
stay?



And he said: "At this time
of night it will be difficult, but you
can stay with me, if you can stay with
a thief!!

And The man was so beautiful. I stayed
for one month!! And each night he would
say to me, "Now I am going to my work.
You rest, you pray. When he came back
I would ask, could you get anything? He
would say.. 'Not tonight. But Tomorrow
I will try again God willing"

He was never in a state of hopelessness... he
was always happy.....

When I was meditating and meditating
for years on end and nothing was happening,
many times the moment came when I was
so desperate, so hopeless, that I thought
to stop all this nonsense..

And suddenly I would remember the thief
who would say every night.. God willing,
tomorrow it is going to happen..

Be positive... Trust in God... Do your
best and Trust Trust...



 And my second master was
a dog.  

 I was going to the river, Thirsty and a
dog came. He was also thirsty. He looked into
the river, he saw another dog There - his own
image - and became afraid. He would bark and
run away, but his thirst was so much that he
would come back...

Finally, despite his fear, he just jumped into
the water, and the image disappeared... And
I knew that a message  had come to me from
Allah
One has to jump in spite of all fears...

And the third master was a small child...
I entered a town and a child was carrying
a lit candle...

He was going to the mosque to put the
candle there...

Just joking, I asked the boy... "Have you
lit the candle yourself?" He said "yes sir"
And I asked... "There was a moment when
the candle was unlit."





He stoped me Talking and said...



"Yes... I saw it..."

"It was unlit, Then there was a moment when the candle was lit... Can you show me the source from which the Light came?"

And the boy laughed, blew out the candle, and he said.. "Now you have seen the light going. Where has it gone? you will Tell me!!"



My ego was shattered, my whole knowledge was shattered... And that moment I felt my own stupidity... Since then I dropped all my knowledgeability....



It is true that I had no master... That does not mean that I was not a disciple...

I accepted the whole existence as my master

My discipleship was a greater involvement than before and is growing and glowing with every breath in every now... Thanks to Allah..





Help me ya Allah
 To trust all your creativity... the clouds,
 The trees, the ants, the rain, the death,
 The birth and what I see and I don't see..
 What I know and what I don't know... all is
 from Allah...

I Trust existence ... I had no master because
 I had millions of masters... I am learning
 from every now... every now is a new
 now.. a new wow...

Yes!! to be a disciple is a must on the
 path of love... on the path of compassion,
 on the path of the unknown..

What does it mean to be a disciple?

It means to be able to learn, to be ready
 and available to learn to be vulnerable to
 existence ... With a master you start
 learning to learn...

The master is a swimming pool where
 you can learn how to swim.. Once
 you have learned, all the oceans are
 yours ...



 Let go and let God... Let God be our only desire...
our only will...

All what we see is the shadow of the
Truth... I am the shadow... The utility...
meet... melt... and merge... die in the
ocean... back home with gratefulness...

Thanks Ya Allahoooo

The living Truth... The living existence...
The beyond of any word and any silence...
Can you Teach me the Truth?

Nobody can teach it but you can catch it..
Your Thirst will Take you to the river...
to the source...

Quench your thirst Ya Maryam...
Thank you for the dog... for the water...
for the boy and the candle... Thank you
Ya Allah...

You are the only mystery that loves
us... You are our creator... You are
The One who loves me more than
anyone... How can I thank you??



 Thanks means to love the good 
and the bad...

To be grateful to all... to everybody... to do
good actions not dead emotions, but Live
compassion...

Yes!! I owe something to everybody, whosoever
has helped me in any way...

Everything that has happened to us has been
good... no pain no gain...

Once you are attained to the ultimate
rest it makes everything golden...

Even nights, dark nights become sources of
the beautiful morning... no down no dawns...
no valley no mountain...

Thanks is the very foundation of all the
religions... it is a prayer... it is the power
of our treasure...

We think that when we become aware
of God we will feel very grateful towards
him... That's nonsense... first, we have to 
learn how to be thankful, only then
we can become aware of the presence of 
God... 
   

Let us be aware of one thing.  
that the existence has done so much
for us and we have not even thanked 
it ... on the contrary we tank it...

♥
Just now, let us start feeling thankful,
grateful that we have been showered
with so many gifts from some unknown
energy ... call it God or any name..

Some unknown force of grace has been
showering love on  us ... start feeling
thankful and soon you will be connected
with it, and soon you will be bridged,
and more will start happening...

♥
And we will be surprised that one
cannot feel grateful enough.. It is never
enough because God or the existence
goes on doing so much for us.. we
cannot repay it but at least we
can be thankful.. That is prayer
and that is freedom... relax and Take
a deep breath... Thank you Ya
Allaah...    ♥

yes!! You are so right
light ... let us share Laughter
with God ... live, life, love and laughter..



The Jewish Elbow

A Jewish grandmother is giving
directions to her grown grandson
who is coming to visit with his
wife...

"You come to the front door of the
apartments.. I am in apartment 301.. There
is a big panel at the front door.. With
your elbow, push button 301. I will buzz
you in ... Come inside and the elevator is
on the right. Get in, and with your elbow,
push 3rd floor.. When you get out, I'm
on the left. With your elbow, hit my
doorbell. OK?"

"Grand ma, that sounds easy, but, why
am I hitting all these buttons with
my elbow?"

"What !!! You are coming to me
with empty handed?"





Wise Italian Granpa



An old Italian man in New York is dying...



He calls his grandson to his bedside,

"Guido, I wan you lissina me.. I wan you to take-a my chrome plated.. 38 revolver so you will always say Thank you and you will remember me."

"But grandpa, I really don't like guns.. How about you leave me your Rolex watch instead?"

"You lissina me, boy!! Somma day you gonna be runna da business, you gonna have a beautiful wife, lotsa money, a big home and maybe a couple of bambinos."

"Somma day you gonna come-a home and maybe finda you wife inna bed with another man..."

"Whatta you gonna do then? pointa to you watch and say... 'time up!!'?"





After a tiring day, a man
boarded the train home...

He settled down in his seat and closed
his eyes...

As the train rolled out of the station,
a young woman sitting next to him
pulled out her mobile phone and
started talking in a loud voice:



Hi sweet heart, it is Erica; I am on the
train. Yes, I know it's the six thirty and
not four thirty, but I had a long
meeting.. No, honey, it is with the boss
not with me.. yes! you are the only one in
my life ... yes, I am sure, cross my heart."
Fifteen minutes later, she was still talking
loudly ...

When the young man sitting next to her
had enough, he leaned over and said into
the phone: "Erica, hang up the
phone and come back to bed..."



Erica no longer uses her mobile phone
in public ..



After being married for 30 years...
a wife asked her husband to describe her.
He looked at her slowly then said...

"You're A, B, C, D, E, F, G, H... I, J, K."
She asks.. "what does that mean?"

He said "Adorable, Beautiful, Cute, Delightful,
Elegant, Foxy, Gorgeous, Hot..."

She smiled happily and said..."Oh, that's
so lovely.. what about I, J, K?"

He said.. "I'm Just kidding!"

His eye is still swollen... but it will
get better...



A lady lost three panties in her house and
blamed her maid in front of the husband
Maid said.. sir you are my witness you
know I never wear panties..

An 8 year old boy is accused of rape.. in court
his lady lawyer holds his dick out as evidence
saying.." your honour see this, can he rape
with this tiny tot??"

The boy whispers, "Don't shake it, we will
lose the case..."





Fall Asleep consciously



 You have been sleeping every day, but you have not encountered sleep yet.

You have not seen it - what it is, how it comes, how you drop into it...

You have not known anything about it.. You have been dropping into it daily, coming out of it, but we have not felt the moment when sleep comes on the mind, what happens...

So let us try this, and with three months effort, suddenly, one day, you will enter sleep knowingly..

Drop on your bed, close your eyes, and then remember, remember that sleep is coming and I am to remain awake when the sleep comes."

It is very hard, but it happens... In one day it will not happen, nor in one week will it happen..

persist every day, constantly remembering that sleep is coming and, "I am not to allow it without knowing... I must know... be a knower.."





we must be aware when sleep comes,
it is an energy. We must go on feeling
how sleep Takes over, what it is..~

And one day, suddenly, sleep is there
and you are still awake...

That very moment you become aware
of your unconscious also...



Become more wakeful...



You are alive only in the proportion
that you are aware.

Awareness is the difference between
death and life...

Mohammad have it too.. he has a different
cup but the wake up is the same.. This
is the beauty of the truth.. His definition
consists of awareness.. He does not say you
are alive because you can breathe, he says
you are alive if you are awake...
wakefulness is the way to life, become
more wakeful and you will become more
alive...♡



The real master gives you
eyes, not ideas.



Life is full of coincidences; There is
nothing esoteric about it... You go on
inferring.. inferring is not knowing, it
is just guess work..

Knowing is totally different.. it is
a clear insight into things, into the very
nature of things..

Meditation is the master key of this door..
it cleans up our senses... we become alert
and aware...

My mind is so full of prejudice that I can't
see... I am polluted and poisoned.. I am a
victim of victims... We are all conditioned..

Take off the curtains... open the window
and fly in the outer sky... In and out is
our only inn... our only dome and home..
no one is between ^{us} and God... Don't
allow any one to stand between you and
the truth...



The true master is one who helps the disciple finally to get rid of the master too, so that the disciple can face reality directly, immediately...

The false master is one who creates more and more dependence in the disciple.. makes him a slave, so much so that the disciple cannot even think of being without a master.....

That's what is happening all over the world. So many so-called saints go on creating dependence in you; their whole effort is how to enslave people.. They condition you in such a way that their conclusions become your conclusions. They don't give you eyes, they give ideas...

The real master gives you eyes, not ideas. He gives you insight into reality and then leaves you in total freedom to function out of that insight





A group of young women
decided to arrange for
a camp with their mothers-in-law
to hopefully get to know
and understand
each other better..

♡
The buses were hired,
one for the mothers-in-law
and the other for the
daughters-in-law..

♡
Unfortunately the bus with
the mothers-in-law was
involved in an accident
and all the passengers
died on the spot..

♡
The daughters in law...
women being women
shed a few tears





But they were all
puzzled by one
sister who wailed
uncontrollably for what
they perceived to be her
Loss



Her friend asked her,
"Forgive me for asking but
why are you crying so hard,
I don't realize you were so
close to your mother-in-law..?"



What was the answer?

She replied...

"No we are not close
at all..."

She Missed The Bus! "



Don't miss any fuss... any ass...
enjoy every now... it is
a new view...



Six Golden Rules for Fxxxing ...

These rules are so true..

1 - fxxxing once a week is good for your health, but it's harmful if done every day.

2 - fxxxing gives proper relaxation for your mind and body...

3 - Fxxxing refreshes you.

4 - After fxxxing don't eat too much; go for more liquids

5. Try to do fxxxing in bed because it can save your valuable energy..

6. fxxxing can even reduce your cholesterol level ... so remember..





Yes! please remember..



Fasting is good for your health,
and may God cleanse our dirty
mind....



Life is only a joke... dirty or clean..
better or bitter .. why not enjoy it??



There is no sin, there is no guilt.. the
only sin is to say there is a sin...



who told you sex is a sin?



listen to this sexy sin!!



A couple is having a quickie and their 6 year
old catches them..

Son: what are you doing?

Father: I am putting petrol in your Mom.

Son: Hahaha.. which means Mom's engine is

taking too much petrol, because our neighbour
has put in yesterday..

Mother fainted....



Let us green it...



Two men, one old and one young, are pushing their carts around a shopping mall when they collide..

The old man says to the young guy..

"Sorry about that. I'm looking for my wife, and I guess I wasn't paying attention to where I was going."

The young guy says, "That's OK. It's a coincidence. I'm looking for my wife, too.. I can't find her and I'm getting a little desperate."

The old man says, "Well, maybe we can help each other. What does your wife look like?"

The young guy says, "Well, she is 24 years young, tall, with blond hair, blue eyes, long legs, big boobs, and she is wearing tight white shorts, a red topless and no bra.. What does your wife look like??"

The old man says, "Doesn't matter. Let us look for yours."



Yes! Drop in The Hope..

Four candles burned slowly..

Their ambiance was so soft you could hear them speak.....

The first candle said.. " I am peace but these days nobody wants to keep me lit..." Then peace's flame slowly diminished and went out completely

The second candle said.. " I am Faith, but these days I am no longer indispensable." The faith's flame slowly diminished and went out completely...



Slowly the third candle spoke.. " I am Love and I haven't the strength to stay lit any longer." why? " people put me aside but doesn't understand my importance.. They even forget to Love those who are nearest to them.." And waiting no longer Love went out completely



Suddenly a child comes in the room and saw the three candles no longer burning. The child began to cry.. " why are you not burning? You are supposed to stay lit Till the end....

Then what did the fourth candle say??



  The fourth candle  
 Spoke gently to the little 
boy..

" Don't be afraid for I AM HOPE,
and while I still burn we can
re-light the other candles."

Never let the flame of hope go out..
with hope in our heart and in our
life, we keep on acting our best art..
Peace, faith and Love may shine
brightly again and again...

In total darkness we see the moon..

Let us Hop in our inner Hope
and

One drop will merge in the
Ocean..

Yes!! We are so blessed...

Peace peace
صلىم نور



You need power only to do
something harmful, otherwise love is enough,
compassion is enough.



♡
Lovers never surrender to each other, lovers
simply surrender to love...

♡
Go inwards. Find your inner space, and suddenly,
you will find an explosion of light, of
beauty, of ecstasy, as if suddenly thousands
of roses have blossomed within you and
you are full of their fragrance...

♡
Remain in wonder if you want the mysteries
to open for you.

♡
Mysteries never open up for those who go
on questioning...

♡
Questioners sooner or later end up in a
Library and in scriptures because scriptures
are full of answers... And answers kill your
wonder...



God is a person; Godliness is a quality..



Crowds create illusions..



You are not a number but a member...



remember of who you are ??..



Only laughter makes a man rich, but
The laughter has to be blissful..



A certain darkness is needed to see stars..



What is my religion?

I am a little part of all religions and a
big part of no religion..



The world is like a waiting room in a
railway station ... it is not our house.. we are
not going to remain in the waiting room
forever... nothing belongs to us.



♥ Be a Rebel...

Know yourself... Be a knower...
This is the only Treasure...

♥ Anybody who is not miserable
looks like a stranger...

♥ If you are happy... you don't go to
war...

♥ why war? why killing? why so
many cancers and many
new drugs??

♥ why sharing pieces not peace?

♥ Since Adam and Eve we are still
in the same history...
why?

♥ The book is our best companion...



The cure is in me...



Unless awareness arises in you,
all your morality is bogus



Nature is not sick... only we are
sick and we kill each others..



The conflict is in man...
Unless we cure it... there
will be no peace, no life...



Let us meet... the right and the left..
Let the mind be one..
The good and the bad is one..



Be aware of what you see and
of who you are and why
you are here..



Listen to your inner power..



Success does not come to you!!
you go to it..



Success comes before work only in the
dictionary...



Our bodies are our gardens...
Our wills are our gardeners..



Be loving Towards yourself. Then you
will be able to love others too..



A woman is to be loved not to be
understood...



No pain no gain

The pain is to make you more
aware and when you are aware,
misery disappears..



Existence needs us...
without you something will be missing
in existence
and nobody can replace it...

♡
This truth will give you a
Tremendous joy, a fulfillment
that you are related to God.. to
existence..

♡
To Transform breakdowns into breakthroughs
is the whole function of a
master...

♡
We need masters not teachers...
we are not an object... we are
a subject...

♡
We need Zen masters... Sufi masters...
not politicians... not priests...



Experience all the dualities.



Don't be afraid of experience.
The more you experience the more
you glow and grow



If you wish to see the truth,
Then hold no opinion for or
against...



The greatest wealth is health..



Every patient carries his or her own
doctor inside..



Be your own healer... you are
the cause and you are the
cure



Health is not valued till sickness
comes



♥ ♥ ♥ ♥
Meditation is surrender... it is not a demand ... It is a let go...

♥
This very moment you can drop all problems..
because they are your creation...

♥
Go on looking at your own problems
and they will disappear...

♥
Never interfere in anybody's life and don't
allow anybody to interfere in your
life...

♥
Every being is unique.

God never creates carbon copies..

He always creates originals...

But man goes on living in imitation...

we are trying to be somebody else
which is impossible...



Love and meditation are two wings of
our bodymind..

A bird cannot fly with one wing..

Do not talk about love.. Live it..
walk your talk...

Become loving... become the kissing...

forget yourself... I am..

Be the amness...

You are enlightened... just be aware of
this Truth...

Work like you don't need the money..

Love like you have never been
hurt

Dance like no one is watching you..

Love your body

your body is your temple... is your home...

I can't write without my body

I can't come to you without my body...

God created this mystery and I am responsible for my body...

Watch out what you are eating and how you are eating...

Let us be a whole person... body mind and Soul



Life is not measured by the
breath

we take, but by the moments that
take our breath away...



There is a special warmth that
never ends
between the hearts of special friends..



Truth cannot be said... no one
can say it... but a master
can teach it and you can
catch it...



The real juice of life is within you..
This now go in, look into yourself
and be a watcher..



Silence is the only language..
Silent pilgrimage to your own
being..



There are many things in existence
which cannot be named,
and those are the real things..



If you can welcome the unknown
and
Leave the known... it is disturbing
you..



Humanity is in danger every moment...
By the end of this century, if we
have survived it will be a
miracle.



Truth is if we can live without any
choice..

Let thy will be done..



whatever comes, enjoy it... when it goes
enjoy it...



Don't search for the home, because
there is none..



Search for yourself, because there is one!



to live without the future is
the greatest courage..

only towards live in the
future..



Enjoy this now... share
what you care... live this
now with all your love..



Live simply so that everybody
can simply live..



We are good in making a
living but not in
Living..



Love that comes from the head
is always lovehate...
It is one word..



Love that comes from the heart
is beyond all dualities..



In The world of habits it
is all repetition...



In the world of consciousness there
is a new birth
in every breath..



We are born homeless and we
remain homeless all our
life..



we cross our life from bridge
to bridge until we face
our being..



Once you know that we are
homeless then this whole
existence is our dome
and our home.. Then wherever
you are, you are at home..



Mother earth is our treasure
birth..



In reality you are already one
with existence..



You cannot exist in any other
way... You are the
existence..



You are not the body..

You are not a person...

You are beyond any words
and any bonds..



The mind is either/or, Then
the heart is both..



Those who have found the source
of love within themselves
are no longer in need of
being loved and they will be
loved...



The reward of love is in loving..



Everything passes, but you
remain; you are the
reality ...

the seer is the only reality.

the seer is something eternal.

You become so light that you
can open your wings
and fly..

Enjoy this now ... spend all
what you have and the river
will keep flowing ...

Yes, no pain no gain..
Remain at ease, this will pass
Too .. just like day
and night.. happiness comes and
goes, misery comes and goes..

Truth is the religion of the whole
existence...

And the moment a man also decides
to become part of existence,
Truth becomes his religion..
♡

Just listen to your own heart..
That is your own teacher..
♡



If the whole existence is one,
and if the existence goes on taking
care of trees, animals, mountains..
oceans ... grass ... and us too..
Why be possessive?



Let us trust existence ... The one
who creates me loves me more
than anyone ...

The whole is already ours and us..
♡

Love is not a quantity, it is a
quality and it grows by giving,
and dies if you hold it.



The rain does not bother where it
rains on the rocks, in the garden, in
the ocean it does not matter..



Giving you are an emperor ...

Getting you are a beggar...



unless you know the truth of
your being, you will never feel
the great benediction of life.



Drop the fear .. face it and drop it..
Be mature by your
nature ...



Except man, nobody lies ... Except man the
whole existence lives in Truth..





The heart is our relationship
with existence, and the
head is our relationship with
the society..

♡
If you are sad you are wrong;
if you are joyful you are
right..

♡
The mind should be trained to be
a servant of the heart...

Logic should serve love..
And then life can become a festival
of lights..

♡
The secret is:
Start living more fully, more totally,
with more alertness, so that you can find
within yourself something that is
untouchable by death...

Thank you existence...





But Not

Lonely ooooo

